

# Sport Science Curricula in Albania and the Bologna Process

*Coordinating Meeting, Rome 22–27 Jan 2007*

**Partner Country (PC)** Albania, Tirana Academy (TA) of PE and Sport  
*(Veysel Rizvanolli, Ilia Gaxho, Altin Erindi, Mirlinda Galushi, Odeta Aleksi)*

**European Partners (EUP)** AT–Un. Vienna *(Norbert Bachl, Harry Tchan)* · DK–Un. Odense *(Karsten Froberg)* · GR–Un. Athens *(Vassilis Klissouras, Nickos Geladas)* · IT–IUSM Rome *(Paolo Parisi)*

**Grant Holder (GA)** *Paolo Parisi* · **Grant Coordinator (GC)** *Norbert Bachl / Harry Tchan*

## Objective

To reform Tirana Academy and redesign its Curriculum structure (on 3 tiers) & specifically its undergraduate programs, according to job–market needs and the Bologna Process, promoting harmonisation with the European system and the acquisition by TA Faculty of modern teaching skills and technologies, mobility, wider occupability of graduates, and a research context for the implementation of postgraduate programs.

## Planned Outcomes and Activities – *status and expected completion*

### 1. Job–market oriented Curriculum structure & undergraduate program

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|---|--|
| a) <u>Socioeconomic &amp; Job–market survey</u> | <i>Graduate tracking being completed;<br/>Structured interviews of operators and socioeconomic data to be collected;<br/>Data analysis; Identification of needs.</i> <b>Spring 07</b>  |
| b) <u>Compare Curriculum with EU standards</u>  | <i>Bologna Process being assimilated;<br/>Relevant curricula &amp; materials collected, to be studied and discussed with Faculty;<br/>Transfer Eur. Master experience &amp; promote mentality &amp; curriculum transform.</i> <b>Summ 07</b> |
| c) <u>Develop new undergraduate Curriculum</u>  | <i>Design new curriculum structure coherent with Eur. system (3 tiers, ECTS, etc.) and Alb. market needs &amp; projections;<br/>Develop undergraduate curriculum with Individ. syllabi; Verify with stakeholders.</i> <b>Fall 07</b>         |

### 2. Modernisation of Tirana Academy

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|--|---|
| a) <u>Upgrading of administrative services</u>               | <i>Started end 2005, to proceed through TA visits to IUSM &amp; Vienna &amp; consulting.</i> <b>Spring 07</b>   |
| b) <u>IT facilities, skills and procedures;<br/>Web–site</u> | <i>Partly acquired, to be further implemented through TA visit to Vienna &amp; consult.</i> <b>Spring 07</b>  |
| c) <u>Library</u>  | <i>New space acquired, to be implemented; Organisation to be studied, and list of books, data banks, etc. to be identified through TA visits to Rome/Vienna, and acquired.</i> <b>Summ 07</b> |

### 3. Faculty upgrading, mobility, teachers training

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|--|---|------------------|
| a) <u>International office/mobility tutor</u><br><u>Language courses (English &amp; Italian)</u> | <i>To be implemented.<br/>Started in Rome through Eur.Master;<br/>to be implemented in Tirana<br/>in consult. with IUSM Language Center</i> | <b>Fall 07</b>   |
| b) <u>Participation to European Master in Rome</u><br><u>&amp; Vienna/Odense</u>                 | <i>Taking place for first 5 (6) students;<br/>Further students (2-3) in 2007/08.</i>  | <b>Spring 08</b> |
| c) <u>Intensive Course &amp; training sessions in Tirana</u>                                     | <i>To be designed by EUP and organised<br/>and advertised by TA.</i>  | <b>Fall 07</b>   |

### 4. Research mentality & context, setting the basis for a health-related postgraduate program

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|---|---|---------------------------------|
| a) <u>Promoting research skills</u><br><u>and defining areas of interest and projects</u> | <i>EUP visits to TA, TA visits to Rome &amp; Vienna;<br/>Internships in Eur. Master;<br/>Training sessions in Intensive Course;<br/>Further consultations with EUP.</i> | <b>Fall 07</b>                  |
| b) <u>Building research laboratories:</u><br><u>Acquiring scientific equipment</u>        | <i>Being implemented;<br/>List to be finalised, tenders to be called</i>  | <b>Fall 07</b>                  |
| c) <u>Develop 2 yr Master in Health-Related PA</u>  | <i>To be planned in general structure revision;<br/>then designed based on Eur. experience,<br/>and verified with stakeholders.</i>                                     | <b>Fall 07</b><br><b>Win 08</b> |

### 5. Reform of TA, dissemination, sustainability

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|---|--|------------------|
| a) <u>Academy upgraded to full University</u>                                       | <i>Regular contacts with govmt authorities<br/>and meetings at times of EUP visits;</i>  | <b>Fall 07</b>   |
| b) <u>Undergraduate program disseminated</u><br><u>and accredited</u>               | <i>Regular contacts with relevant bodies,<br/>market operators and other stakeholders;<br/>meetings/presentations in academic and<br/>other contexts at times of EUP visits.</i> | <b>Spring 08</b> |
| c) <u>Plans to implement postgraduate program;</u><br><u>plans for future steps</u> | <i>After implementation of undergraduate<br/>program and of research facilities.</i>   | <b>Spring 08</b> |

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## Time Plan

### 2006

- Sept 27–30 Visit to Tirana (Parisi & Tchan + Evangelisti, Aceto) to start project:  
TA Faculty briefed & motivated on Bologna Process & Tempus Project;  
TA officials and administrators informed about Tempus administrative requirements and other formal needs.  
Upgrading of administration & facilities started;  
5 (6) junior Fac/students selected for European Master;  
Meetings with Olympic Comm. representatives & other stakeholders; visit of Fitness clubs;  
Meeting with University Minister, substantial support obtained;  
Meeting with Minister of Tourism, support promised;  
Contacts with media, interviews.
- Oct 16–28 Students in Rome for Module 1 of European Master.  
Experience of IUSM facilities, IT, Library and Language Center, etc.  
English and Italian classes started.
- Nov 20–Dec 2 Students in Rome for Module 2.  
Experience with IUSM facilities extends to computer-based exam for Module 1.  
Upon return to TA, seminars to transfer experience of European Master to Faculty & stakeholders and initiate curriculum revision.  
TA Informal Report 1.

### 2007

- Jan 22–Feb 2 Students in Rome for Module 3.

**TA officials visit IUSM:** focus on general organisation & administration, research labs, IT, Library, Language Center, etc.

#### **Coordinating Meeting 1 (Rome):**

- TA officials general report on progress achieved.
- Organisation upgrading reviewed and discussed.
- Graduate tracking: data reported and first analysis attempted.
- Job-market survey: involvement of selected stakeholders (Olympic Committee, Medical Faculties, Sporting Centers, etc.), questionnaires & interviews.
- Socioeconomic statistics: sources and parameters considered, projection of needs.
- Curriculum development plan:
  - TA Faculty involvement & motivation, level of understanding of Bologna Process.
  - Illustration of current curricula, stage reached in curriculum development plan.
  - Identification of research interests, programs, and facilities.

- Feb 19–Mar 2 Students in Rome for Module 4.  
Socioeconomic & job–market survey completed; data analysis started.
- ? Mar 07–10  
or end May TA visit to Vienna: focus on Library (contents & organisation), IT & website, research labs.  
TA Report 2 discussion with GA & GC; socioeconomic data analysis completed; curriculum development plans reviewed.
- Mar 19–20 Tempus Project Representatives Meeting to illustrate Reporting requirements.**
- ? Mar 22–27  
or Apr 2–4  
or 16–20 Coordinating Meeting 2 (Tirana): EUP visit TA facilities and review progress done;  
Meetings with TA Faculty to help with new curriculum structure & undergraduate program.  
Contacts with Olympic Committee, Medical Faculties and other bodies & stakeholders,  
inviting wider involvement and support. Meeting with government authorities to discuss  
TA upgrading and curriculum dissemination, sustainability and accreditation.
- Apr 15 Tempus deadline for First Report.**
- May 13–Jun 01 Intensive Program Odense – European Master specialisation on *Children*.
- May –Jun Internship Cologne – European Master elective program on *Movement Therapy*.
- May 28–Jun23 Internship Vienna -- European Master specialisation on *Adults*.
- May –Jun Internship Rome – European Master elective program on *Rehabilitation*.
- Sep Internship Odense -- European Master specialisation on *Elderly*.
- Sep Visit to Tirana and selection of 2–3 students for European Master.
- Oct New cycle of European Master begins.
- Fall Intensive Course in Tirana by EUP, with participation of TA European Master students.  
Coordinating Meeting 3: review of progress done; finalise curriculum development plans;  
new contacts with local bodies and officials, etc.

## 2008

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- May–June Final visit & Coordinating Meeting in Tirana.  
European Master thesis session for TA students.  
General review and meetings as needed;  
Recommendations for project completion and ideas for future plans;  
Initial draft of Final Report.
- Aug 31 End of Project.  
**Final Tempus Report.**