

First JEP Report: N. 40087	
Section I: Basic details CD_JEP-40087-2005 (AL)	
Agreement N°	CD_JEP-40087-2005 (AL)
Type of project	Curriculum Development
Project Title	Sport Science Curricula in Albania & Bologna Process
Acronym of the project	BOLALBA
Project Objective	To redesign sport science curricula at the Tirana Academy of Sport & Physical Education, particularly in a biomedical & public health perspective, aiming at: o implementing the Bologna process and promoting mobility and the upgrading of the Academy's teaching and research levels; o updating study programs and reducing the gap between learning outcomes and social & job market requirements; o implementing a reform of the Academy, bringing it more fully into the university context of the country and of Europe.
Grantholder institution	IT, Roma - Istituto Universitario di Scienze Motorie - IUSM
Co-ordinator institution	AT, Wien - Universität Wien
Other consortium members	AL, Tirana - "Vojo Kushi" Academy of Physical Education and Sport DK, Odense - Syddansk Universitet - University of Southern Denmark GR, Athens - National and Kapodistrian University of Athens
Experts	None
Eligibility period	From 15/12/2005 To 31/08/2008
Project duration	2 year
Target Countries	AL
Consortium countries	AL,AT,DK,GR,IT

**Section II: Reports on the action's implementation
CD_JEP-40087-2005 (AL)**

Comments on the start up activities

- SEPT 06: GA (Grant Holder) + GC set up office & agree with other EUP on executive plan.
- 27-30 SEPT 06 - COORD. MEET. 1 IN TIRANA:
 - Alb. Core Team installed; admin. procedures illustrated.
 - 5+1 PC Fac selected for Eur. Master.
 - 2 staff & 4 students selected for job-market survey.
 - Starting web-site, intl. office, language courses, computer lab, Library.
- Meeting with Alb. Minister of Education: full support; project within Ministry's guidelines and Council of Ministers Master-Plan for Higher Education 2005–2016. Initial plans for Natl Library of Sport Sciences.
- Meetings with Minister of Tourism & Sports, President of Natl Olympic Comm., market operators.
- OCT 06-MAR 07:
 - 5+1 PC Fac participate to Eur. Master in Rome.
 - Seminars with PC Fac in Tirana.
 - Meetings & correspond. with GA & GC to finalise questionnaires.
 - Gathering of statistics. Job-market survey.
- 22-27 JAN 07 – COORD. MEET. 2 IN ROME:
 - PC deleg. visits IUSM facilities (esp. Language ctr) and participates to Eur. Master lectures and thesis. Progress report, future steps.
- 05-10 MAR 07 – COORD. MEET. 3 IN VIENNA:
 - PC deleg. visits Vienna Univ. facilities, partic. library, web-site & computer ctr. Progress report, future steps. Questionnaire & health data analysis started.
- 27-30 MAR 07 – COORD. MEET. 4 IN TIRANA:
 - Visit of Academy to overview progress, future steps.
 - Meetings with Fac & students to motivate interest and participation.
 - Meeting with Minister of Education: Academy included in Univ. system in Master Plan passed by govtm.
 - Meetings with Olympic Comm. and Sport Med. Assn; stakeholders participation further encouraged. Dissemination extended to Kosovo, deleg. from Univ. Pristina comes to meet EUP and ask for support.

Academic co-ordination and administrative management

- Tirana Acad. (PC): local organisation & implem. of planned transform. & reform, social & job market survey, curriculum approval and implem., dissemination, sustainability, with guidelines by GC-GA.
- Rome IUSM (GA): general admin. & finance, cooperates with GC and PC towards monitoring & coordination.
- Univ. Vienna (GC): management, monitoring & coordination, in contact with PC, GA and other EUP.
- Univ. Odense + Univ. Athens: support GA + GC, participate to meetings and teaching sessions.
- Selection of students for the Master: PC + GA-GC, Sept 06.
 - Questionnaire models supplied by GA-GC; 3 forms (A1 graduates; A2 operators; A3 students) developed by PC and revised by GA-GC.
 - Statistics gathered by PC, Oct-Dec 06, involving basic indicators: demographic changes, chronic diseases, etc. Job market survey: PC, 4 Dec 06 to 2 Mar 07. Data analysis: PC + GC-GA.
 - IT structures & services implem. Dec 06; web-site initiated Oct-Dec 06, discussed during PC visit to Vienna, and to be implem. with support of GC.
 - Library being started by PC with support of GC-GA, new facilities granted by Ministry of Education.
 - Structure for language courses developed, English teacher hired by PC, Dec 06, courses being started with support of GA's Language Ctr.
 - Intl office started, Feb 07.
 - Basic info for curr. revision provided by EUP and disseminated to Academy's Depts, Oct-Dec 06.
 - Eur. Master experience and info from Coord. Meetings regularly disseminated by PC to staff & students and to Olympic Comm., sport organisations, Sport Med. Assn, etc.. Meetings with stakeholders, 28 Sept 06 + 26 Mar 07. Info conveyed to Ministry of Education, Ministry of Health, Faculty of Medicine, etc. and even to Kosovo: Univ Pristina sent delegation to meet EUP and invite GA and GC to visit.

Comments on project methodology

- There has been a consistent effort to stimulate involvement of PC Fac & staff, who have been regularly informed and are highly motivated and cooperative.
- The effectiveness of new teaching methods and technologies has been demonstrated through seminars conveying the Eur. Master experience. Multimedia teaching classes have been introduced. A 24 hr Internet access helps networking.
- An effort was undertaken to disseminate info and involve graduates & students, and all stakeholders, market operators, Natl Olympic Comm., Sport Med. Assn, etc., who also took part to the job-market survey. EUP visits were utilised for meetings with govtm and other officials and operators, and the GA was twice interviewed by Natl TV.
- To secure from the beginning support for accreditation & sustainability, the Minister of Education was regularly kept informed. He met twice with GA, GC, PC repres., and other EUPs, and was highly supportive. The project is within the guidelines of the Masterplan for Higher Education in Albania, and the Acad. is included in the university system in the new scheme approved by the government. Ministry officials were highly supportive, and even took part to the market survey.
- Transfer of knowledge is taking place through the participation of 5(+1) staff members to the Eur. Master (Rome, Oct 06-Mar 07), who have in turn transferred their experience to Fac & stakeholders in Tirana through seminars after each Module. Their experience will continue with field work in other Eur. Univ. and the thesis. More students will be recruited for the Master's new

cycle by GA and GC in Sep 07, based on a preliminary selection by PC, for which 22 students from the Acad. and 6 from the Med. Fac. have already applied.

Development of training programme

Staff training sessions during EUP visits to PC, or PC visits to EUP: admin. & services, social needs, Bologna Process, new curricula, research implem., etc.

A selected number of PC Fac. are taking part to the Eur. Master in Health & Physical Activity in Rome and other EUP inst., and possibly 8 will get the diploma or part of the 120 ECTS, which will be recognised by the Acad.

An Intensive Program, conveying the highlights of the Master to the Acad. at large and other parties in the PC, will be offered by EUP in Tirana.

- 16 staff members had a 2-day training on admin. issues by GA staff in Tirana, 28-29 Sep 06.
- The Fac had 2 seminars by GA in Tirana on 27 & 29 Sep 06.
- 5 Fac were selected to participate to the Eur. Master and attended in Rome the 4 Modules (15 ECTS each) planned for the first year, passing some of the related exams. A 6th member attended 2 Modules.
- 5 Acad. delegates took part to the coord. meeting in Rome, 22-27 Jan 07, visited IUSM facilities getting detailed info on admin., services, language ctr, library, research organisation, and also took part to classes of the Eur. Master and a thesis session.
- 6 Acad. delegates took part to the coord. meeting in Vienna on 5-9 Mar 07, visited the facilities getting detailed info, particularly on the library, computer ctr, research labs, methodology and projects, along with guidelines for curr. development and the analysis of the results of the survey.
- During EUP visit to Tirana, 26-30 Mar 07, seminars were given to staff and students, and training sessions to each of the 4 Depts, touching on the new structure and organisation of the Acad. and the issues of curr. revision (ECTS, student's load, new contents reflecting learning outcomes and job market needs, theory-practice ratio, etc.).

Staff retraining

Training and retraining activities are planned and being carried out as previously described, through EUP visits to PC, PC visits to Rome, Vienna or other EUP universities, the participation of PC Faculty members to the European Master, and the planning of a final Intensive Program by the EUP in Tirana around the end of the project. The functioning of the various offices and activities is moreover closely monitored through regular e-mail or telephone contacts by the GA and GC offices.

The selection criteria for the persons identified to take part to the various activities, whether in administration or teaching/research, are based on professional competencies, relational attitude and openness to international contacts, proficiency in English and possibly Italian or other languages, and the present position and future perspectives in the Academy.

The selection for the participation to the European Master adds to this a specific background in the area of health and physical activity, and has been and will be based on a two-step procedure: 1) a preselection by the Academy, and 2) and interview by a GA-GC delegation.

The persons selected to participate to the visits to Rome and to Vienna are key Faculty members or persons involved in key administrative positions in the Academy's general management, international office, library and computer center, language programs. The newly appointed head of the International Office at the Academy was selected to take part to the Tempus Meeting in Brussels on 18-20 Mar 07 and to report to the Faculty and administrative staff regarding the various issues discussed, and the goals, steps and procedures.

Staff mobility

Staff mobility on the EU side has the obvious aim to allow the GA, GC and other EUPs to become acquainted with the PC situation and help the institution and its Faculty, administrative staff and students to better identify the needs and carry out the transformations, offering to that effect seminars, training sessions and an Intensive Program. The EUP staff involved includes the project coordinators, staff members or consultants to help understand administrative needs and procedures, Faculty members involved in the European Master teaching, or in the organisation of Language courses, Computer center, Library, Laboratories, etc.

On the PC side, mobility involves 1) key persons in the administration as previously described, to allow them to visit relevant structures in Europe and discuss organisation and procedures with their counterparts; 2) Faculty members who, by attending the European Master and getting the related credits and diploma, can be retrained and in turn transfer their knowledge, skills and experience to a wider context in their home institution and country; 3) students who, after completing their Bachelor program at the Academy, can be similarly trained and upgraded. The credits obtained (up to 120 ECTS for the two-year Master, based on the activities and exams passed) and the European Master diploma will be entirely recognised both by EUP institutions (who jointly sign the diploma) and by the PC institution, and will help with career development.

Student mobility

This is as described under Staff mobility (PC side).

Whereas for the first cycle of the European Master, 06/08, students have been selected among Faculty members (mainly junior members) of the Academy, for the next cycle, 07/09, recruitment will be mainly addressed to newly graduated students. Training or retraining through the European Master program being the core activity of the entire project, upon which all other activities and achievements are largely based, and accounting for the great enthusiasm and expectations this has raised so far, an effort will be undertaken in order to maximise benefit and admit to the Master more students than originally planned. This will be achieved by reducing the funding granted to individual participants, by relying on additional sources of support from the Academy, and if needed by some remodulation of the original budget.

Equipment upgrade

The development and/or upgrading of IT technology and laboratory equipment is one of the relevant aspects of the project. An independent effort by the Academy, based on governmental support prompted by the European project, has already allowed an

initial upgrading office facilities and teaching equipments. Tenders are now being organised to purchase the equipment in line with original plans. Difficulties having been found in Albania with respect to some scientific equipment, the tender is being extended to Rome and Vienna and it is expected that decisions can be made by the summer 07.

New/Restructured institutions

The establishment or upgrading of new structures and services is a relevant part of the project. As outlined in the work plan, these will include Library, IT services, Language centre, International Relation Office, research laboratories. In this respect, this is the picture so far:

- The project of a Library has been started in Dec 06. A new hall of 200 sqm was donated by the Ministry of Education and further support promised toward the implementation, possibly through a new project, of a National Library of Sport Sciences. The Library is meanwhile to be endowed with an initial number of books and electronic repositories through the Tempus project, and a list is to be developed in connection with the GC Library service in Vienna.
- The International Office was established in Jan 07 to support better communication with European contexts, the functioning of the project and of the Academy as a whole, as well as the mobility of students and staff and the dissemination of information.
- One of the existing classrooms was transformed in a dedicated Language centre. Structural works were completed in Dec 06 and basic equipments will be purchased in the following months.

Dissemination

A characteristic of the project is not to wait the end to spread the results but start from the beginning to disseminate its goals and the steps gradually achieved. This started from the first visit of GA & GC to Tirana in Sep 06 and continues on a regular basis. Besides involving the Acad. in its totality as described, info was conveyed to the Ministry of Education to secure basic approval of the various initiatives and in view of curr. accreditation & sustainability.

Other public and private bodies are regularly involved: the Ministry of Tourism and Sport, the Olympic Comm., the Faculty of Medicine, the Alb. Assn of Sport Med., sport clubs and other market operators, etc.. They were also all involved in the socioeconomic and public health survey, in which the Ministry of Health and the Natl Inst. of Statistics were also supportive. Info on the project, the Eur. Master and the Eur. Univ. system, and the prospects of the labour market, has been shared with students and graduates and their involvement in the project, the survey and the interviews has been strongly encouraged. Regular meetings have been held with the President and officials of the Olympic Comm. and the Sport Medicine Assn, and their full support been obtained. Numerous sport clubs and related facilities have been visited.

Informative meetings for all stakeholders have been held at the Acad. and publicised throughout the country.

The media have also been involved and the GA has been twice interviewed by the National TV channel.

Dissemination has also involved the neighbouring reality of Kosovo and a delegation from the Univ. Pristina came to Tirana at the end of March to meet with the GA and GC and ask help to implement a similar reform. A visit to Kosovo is being planned.

Any other comment

Section II: Statistics and Indicators CD_JEP-40087-2005 (AL)	
Staff training	
Number of teaching staff trained or retrained	6
Number of trainers trained	55
Number of trainees trained	75
Number of administrative staff trained or retrained	3

Mobility	Staff	Student
Number of partner country - EU/ Acceding/Candidate mobility flows	14	0
Number of EU/ Acceding/Candidate - partner country mobility flows	10	22
Number of partner country internal mobility flows	0	0
Number of EU internal mobility flows	0	0
Number of administrative mobility flows	5	0

Other	
Number of publications	0
Number of developed curricula	0
Number of new institutions	0
Number of restructured institutions	0

Management of the project		
Difficulties in financial management	Yes	Bureaucratic procedures and high costs of mobility
Bologna Process	Yes	The main objective of the project is to implement the Bologna process at the Academy
Adoption of a system of easily readable and comparable degrees	Yes	
Diploma supplement	Yes	
Adoption of a system based on two main cycles, undergraduate (Bachelor) and postgraduate (Master)	Yes	In agreement with the Bologna Process and the Master plan of the Albanian Government
Establishment of a system of ECTS to promote student mobility	Yes	
Promotion of European co-operation in quality assurance	No	
Promotion of the <i>European dimensions</i> in higher	Yes	

education			
Lifelong learning as an essential element of the European Higher Education Area	No		
Promoting the attractiveness of the European Higher Education Area	Yes		
Other credit systems	No		
Modular structure of curriculum	Yes		Also based on the experience of the European Master
New teaching and learning methods	Yes		
Quality assurance	No		
e-Learning	No		
University/Entreprise cooperation	No		
Links to the labour market in degree programmes	Yes		Socioeconomic and job market survey; consultation with stakeholders
Links with other EU education programmes	Yes		
Set up of project website	Yes URL: http://www.aefs.edu.al/		
Qualification frameworks	No		
Teacher training in		Health and Physical Activity, and Methodology of teaching	
Language	Yes		
Numeracy	No		
Literacy	No		
IT skills	Yes		
Social and inter-cultural skills	No		
Links with VET in			
Adult training	No		
Non-formal and informal education	No		
Active citizenship	No		
Occupational guidance and counselling	Yes		

Section III: Outcomes CD_JEP-40087-2005 (AL)	
Outcome	
Reference number of the outcome	1
Title of the outcome table	1. UPDATED & JOB-MARKET ORIENTED CURR STRUCTURE & UNDERGRADUATE PROGRAM, IMPLEMENTING BOLOGNA PROCESS, WITH REFORM & MODERNISATION OF TIRANA ACADEMY.
Indicators of achievement and/or performance as indicated in the project proposal	- Reform & modernisation of Academy; - Data on health issues & job market; - Undergraduate Curriculum in line with Bologna Process.
Proposed changes	
Activity carried out to date for achievement of the outcome	
Activity N°	1-1
Activity title	Website and internet access
Start Date	05/10/2006
End Date	12/12/2006
Place	Tirana, Albania
Description of the activity	Official Website of the Academy (www.aefs.edu.al) with a section devoted to the project. The responsibility of PC and GC. Still under development.
Specific and measurable indicators of achievement	Now every staff member has access to internet and the network.
Activity carried out to date for achievement of the outcome	
Activity N°	1-2
Activity title	Language centre
Start Date	27/10/2006
End Date	15/12/2006
Place	Tirana, Albania
Description of the activity	One of the existing classrooms was transformed into a language centre; a teacher was hired and language class will start.
Specific and measurable indicators of achievement	Language centre, consisting in 24 tables, 24 chairs, 1 blackboard, 1 flip charter, 1 video projector, 1 TV and 1 DVD and videotape player. New language teacher.
Activity carried out to date for achievement of the outcome	
Activity N°	1-3
Activity title	Library
Start Date	15/12/2006
End Date	12/02/2007
Place	Tirana, Albania

Description of the activity	A new hall is being implemented to host the library. Acquisitions of books and repositories are being planned.
Specific and measurable indicators of achievement	A new hall of 200 sqm was donated by the Ministry of Education as a support and direct involvement in the development of the library.
Activity carried out to date for achievement of the outcome	
Activity N°	1-4
Activity title	International Relations Office
Start Date	16/12/2006
End Date	29/01/2007
Place	Tirana, Albania
Description of the activity	An International Office was established for better communication and functioning for the project and the Academy as a whole, and to support students and staff mobility, to disseminate information on the European University system, Bologna Process etc.
Specific and measurable indicators of achievement	More than 25 students from the Academy and 5 from the Faculty of Medicine have already asked to participate to the selection for the new cycle of the European Master in Rome.
Activity carried out to date for achievement of the outcome	
Activity N°	1-5
Activity title	Survey of the job market
Start Date	04/12/2006
End Date	02/03/2007
Place	Tirana, Albania
Description of the activity	Graduate tracking and job-market analysis addressed to the operators of the area and to students and graduates throughout the country.
Specific and measurable indicators of achievement	A1 questionnaire filled out by 220 students. A2 questionnaire filled out by 160 graduates. A3 questionnaire filled out by 35 market operators.
Activity carried out to date for achievement of the outcome	
Activity N°	1-6
Activity title	Social and health statistics
Start Date	30/10/2006
End Date	20/12/2006
Place	Tirana, Albania
Description of the activity	The data have been gathered through the files and books of the National Institute of Statistics of Albania, INSTAT. Website: www.instat.gov.al
Specific and measurable indicators of achievement	Demographic and public health indicators.
Activity carried out to date for achievement of the outcome	
Activity N°	1-7
Activity title	Curriculum structure and undergraduate Curriculum in line with Bologna Process
Start Date	01/10/2006

End Date	15/04/2007
Place	Tirana, Albania
Description of the activity	New curriculum structure, with 3 cycles (3+2+3), ECTS, and modules generally agreed upon by Faculty and adopted by government Master Plan. The team of the Project in collaboration with the 4 groups of the departments is now to work on the undergraduate curriculum, to be implemented next year.
Specific and measurable indicators of achievement	New curriculum structure approved by Faculty.

Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	1-1
Activity title	Modernisation of the Tirana academy: Website, Language centre, Library, International Relations Office
Start Date	15/04/2007
End Date	31/08/2008
Place	Tirana, Albania
Description of the activity	Further development / implementation of the existing offices and structures.
Indicators of progress	Evaluation of the Academy and the efficiency of the new services and of the new structures.

Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	1-2
Activity title	Curriculum structure and undergraduate Curriculum in line with Bologna Process
Start Date	15/04/2007
End Date	30/09/2007
Place	Tirana, Albania
Description of the activity	Designing a new undergraduate curriculum in line with European curricula and with local needs.
Indicators of progress	New curricula.

Outcome

Reference number of the outcome	2
Title of the outcome table	2. FAC UPGRADING, PROMOTING MOBILITY, TEACHERS TRAINING, RESEARCH MENTALITY & CONTEXT, AND SETTING THE BASIS FOR THE IMPLEMENTATION OF A HEALTH-RELATED POSTGRADUATE PROGRAM
Indicators of achievement and/or performance as indicated in the project proposal	1. Mobility; 2. Teachers training; 3. Research context & definition of postgraduate program.

Proposed changes

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Activity carried out to date for achievement of the outcome

Activity N°	2-1
Activity title	Mobility: European Master in Health and Physical Activity

Start Date	27/09/2006
End Date	30/03/2007
Place	Rome, Italy
Description of the activity	The European Master in Health and Physical Activity is organised in 4 intensive teaching Modules (2 weeks and 15 ECTS each). 5+1 faculty members of the Academy attended the courses in Rome and passed some the exams.
Specific and measurable indicators of achievement	5 Faculty members of the Academy attended the courses in Rome and passed some the exams, earning an average 30 of the related 60 ECTS (first year).
Activity carried out to date for achievement of the outcome	
Activity N°	2-2
Activity title	Upgrading of teaching skills & programs
Start Date	27/09/2006
End Date	30/03/2007
Place	Tirana, Albania
Description of the activity	Teachers training sessions have been held, addressing such issues as the presentation of the Project, the survey on the job market, curriculum development, new teaching methods, etc.
Specific and measurable indicators of achievement	55 staff members have been involved in 5 seminars during this period, also demonstrating the usefulness of Power Point presentations.
Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)	
Activity N°	2-1
Activity title	Mobility: European Master in Health and Physical Activity
Start Date	13/05/2007
End Date	31/08/2008
Place	Vienna (Austria), Cologne (Germany), Odense (Denmark), Rome (Italy)
Description of the activity	The 5 Faculty members who have completed the 1st year of the European Master will have to complete the program with an Internship (in Odense, Vienna and / or Cologne) and a thesis. 6 or more new students will be selected for the Master's new cycle starting October 07 in Rome.
Indicators of progress	5 Faculty members complete the European Master earning the 120 ECTS and Diploma. 6 or more new students enrolled in Master's new cycle.
Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)	
Activity N°	2-2
Activity title	Upgrading of teaching skills & programs
Start Date	15/04/2007
End Date	30/09/2007
Place	Tirana, Albania
Description of the activity	Teachers training sessions to continue, with transfer of knowledge and skills from European Master experience.
Indicators of progress	Intensive Program offered by EUP in Tirana.
Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)	

Activity N°	2-3
Activity title	Research context & definition of postgraduate program
Start Date	01/09/2007
End Date	31/08/2008
Place	Tirana (Albania), Rome (Italy)
Description of the activity	Laboratories to be developed; equipment to be purchased.
Indicators of progress	Health Master program designed, Labs implemented.
Outcome	
Reference number of the outcome	3
Title of the outcome table	MANAGEMENT OF THE PROJECT
Indicators of achievement and/or performance as indicated in the project proposal	Role and responsibility of the consortium members
Proposed changes	
Activity carried out to date for achievement of the outcome	
Activity N°	3-1
Activity title	Role and responsibility of the consortium members
Start Date	01/10/2006
End Date	15/04/2007
Place	Tirana (Albania), Rome (Italy), Vienna (Austria)
Description of the activity	<ul style="list-style-type: none"> - TIRANA ACAD. (PC): local organisation & implementation of planned transformation and reform, social and job market survey, curriculum revision, dissemination, sustainability, with guidelines by GC-GA. Relations with Ministry of Education & other public and private bodies (National Olympic Committee, etc.). Periodic reports to GA-GC and basic contribution for Tempus Report. - ROME IUSM (GA): general administration and finance, coordination and monitoring in cooperation with GC and PC. Coordination of European Master and other teaching/training activities. Preparation of Coordinating Meetings in cooperation with GC. Revision of Reports. - UNIVERSITY OF VIENNA (GC): management, coordination & monitoring, in regular contact with PC, GA and other EUP. Cooperates to Coordinating Meetings and Reports. - University of Odense + University of Athens: support GA-GC, participate to meetings and teaching sessions.
Specific and measurable indicators of achievement	<ul style="list-style-type: none"> - Tirana Academy reorganised: IT introduced; website started; Language center started; new space donated by government to develop Library; international office introduced; mobility developed: 6 Faculty members travelled several times to Rome to attend European Master Modules and 6 members of academic/administrative staff attended the Coordinating Meetings in Rome and Vienna. - Tirana Academy fully part of University system in Masterplan for Education approved by government. - Job-market survey conducted on 220 students, 160 graduates and 35 market operators; relevant statistics gathered from Health Ministry and Institute of Statistics on sociodemographic changes, health indicators, disease prevalence, etc. - Teachers training: 5 Faculty members attended all 4 Modules of the European Master and passed part of the exams, upon completion of which they will have passed the first year and

	earned 60 ECTS. One more Faculty member attended 2 Modules. Transfer of knowledge and other training sessions took place repeatedly in Tirana involving all 50 Faculty members and other interested parties. - Curriculum structure in line with Bologna Process (3+2+3) approved by Tirana Faculty.
Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)	
Activity N°	3-1
Activity title	Role and responsibility of the consortium members
Start Date	15/04/2007
End Date	31/08/2008
Place	Tirana (Albania), Rome (Italy), Vienna (Austria)
Description of the activity	<ul style="list-style-type: none"> - TIRANA ACAD. (PC): further implementation of local structures and services, undergraduate curriculum approval and implementation, dissemination, sustainability. Design of health-related Master program and development of research context. Relations with Ministry of Education & other public and private bodies (National Olympic Committee, etc.). Periodic reports to GA-GC and basic contribution for Tempus Reports. - ROME IUSM (GA): general administration and finance, coordination and monitoring in cooperation with GC and PC. Coordination of European Master and other teaching/training activities. Revision of undergraduate curriculum and Master with GC. Preparation of Intensive Program in Tirana for entire Faculty and other parties and stakeholders. Coordinating Meetings in cooperation with GC. Revision of Reports. - UNIVERSITY OF VIENNA (GC): management, coordination & monitoring, in regular contact with PC, GA and other EUP. Revision of undergraduate curriculum and Master with GA. Cooperation to European Master, Intensive Program and Coordinating Meetings and Reports. - University of Odense + University of Athens: support GA + GC, will participate to meetings and teaching sessions, to the revision of curricula and in the European Master and the Intensive Program in Tirana.
Indicators of progress	<ul style="list-style-type: none"> - Further implementation of IT and website; Language classes; implementation of Library with book acquisitions and repositories. - Mobility extended: 6 Faculty members complete European Master and receive 120 ECTS and EM diploma recognised in Albania; 6 new students enter the new cycle of the European Master; more staff members involved in mobility and training sessions. - Intensive Program by EUP in Tirana involving entire Faculty + other interested parties from Medical School, Sport Medicine Association, etc. - Undergraduate curriculum implemented and sustainable; Master program designed. - Tirana Academy part of the University system in Masterplan for Education approved by Albanian Parliament.
Outcome	
Reference number of the outcome	4
Title of the outcome table	SUSTAINABILITY
Indicators of achievement and/or performance as indicated in the project proposal	Academy's reform and new curriculum approved by Ministry of Education
Proposed changes	
Activity carried out to date for achievement of the outcome	
Activity N°	4-1
Activity title	Academy's reform and new sustainable curriculum
Start Date	01/09/2006

End Date	15/04/2007
Place	Tirana (Albania)
Description of the activity	To secure from the beginning support for accreditation & sustainability, the Minister of Education, Mr Genc Pollo, was regularly kept informed. He met twice with GA and other EUP and PC representatives, and was highly supportive. The project of the new curriculum structure is within the guidelines of the Ministry of Education; Ministry officials were highly supportive, and even took part to the market survey. A job-market survey has been conducted and the support of stakeholders and market operators has been ensured.
Specific and measurable indicators of achievement	Academy is included in the university system in the new Masterplan for Higher Education in Albania approved by the government. The Academy received substantial support from the Ministry of Education, including a new hall of 200 sqm for the Library to be developed. Questionnaires on job-market and curriculum needs have been obtained from 220 students, 160 graduates, and 35 market operators, and their support toward future developments is ensured.

Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	4-1
Activity title	Academy's reform and new sustainable curriculum
Start Date	15/04/2007
End Date	31/08/2008
Place	Tirana (Albania)
Description of the activity	- Development and implementation of a new undergraduate curriculum in line with market needs and the Bologna Process; - Completion of Academy's reform, with internal upgradings and formal approval.
Indicators of progress	Undergraduate curriculum implemented; Approval by Parliament of government Masterplan on Education with Tirana Academy included in University system.

Outcome

Reference number of the outcome	5
Title of the outcome table	DISSEMINATION
Indicators of achievement and/or performance as indicated in the project proposal	- Graduates and operators involved; - Meetings with officials and stakeholders, visits to operators, leaflets and brochures distributed, media involvement

Proposed changes

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Activity carried out to date for achievement of the outcome

Activity N°	5-1
Activity title	Involving graduates and operators in the sport sector
Start Date	27/09/2006
End Date	15/04/2007
Place	Tirana, Albania
Description of the activity	Students and graduates of the Academy as well as market operators and other stakeholders have been involved since the beginning, with informative meetings at the Academy; several

	sport or health clubs have been visited, both in Tirana and other locations; leaflets have been disseminated and the media have also been involved. Questionnaire-filling sessions have been held at the Academy.
Specific and measurable indicators of achievement	- Several informative meetings at the Academy open to all interested stakeholders. - Over 400 individuals have been involved in the job-market survey, collecting questionnaires from 220 students, 160 graduates and 35 operators.
Activity carried out to date for achievement of the outcome	
Activity N°	5-2
Activity title	Promoting the project with local institutions, associations and other stakeholders, and throughout the country
Start Date	27/09/2006
End Date	15/04/2007
Place	Tirana, Albania
Description of the activity	Besides involving the Academy in its totality and the various stakeholders as described, detailed information was conveyed to the Ministry of Education to secure basic approval of the various initiatives and in view of curriculum accreditation & sustainability. Other public and private bodies are regularly involved: the Ministry of Tourism and Sport, the Olympic Committee, educational institutions, the Faculty of Medicine, the Albanian Association of Sport Medicine, sport and health clubs and other market operators, etc. They were also all involved in the socioeconomic and public health survey, in which the Ministry of Health and the National Institute of Statistics were very supportive. Information has been widely distributed through leaflets and the media. Dissemination has also involved neighbouring countries, particularly Kosovo.
Specific and measurable indicators of achievement	Two meetings of GA and other representatives with Minister of Education Mr Genc Pollo on the occasion of EUP visits to Tirana; meetings also with Minister of Tourism and Sport, with President and officials of National Olympic Committee, with Albanian Society of Sport Medicine, and various other public and private bodies. Two interviews to the GA by the National TV channel (end September and end March). A delegation from the University of Pristina came to Tirana at the end of March to meet with the GA and GC and ask help to implement a similar reform.
Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)	
Activity N°	5-1
Activity title	Brochure and presentations
Start Date	15/04/2007
End Date	31/08/2008
Place	Tirana, Albania
Description of the activity	Dissemination will continue along the above lines and in accordance with the project. A Brochure will be produced, describing the project and its outcomes, and distributed throughout the country to schools, university contexts, health facilities, sport centers, etc. Presentations in the same contexts will be organised at the time of the EUP visit to Tirana for the Intensive Program. A visit to Kosovo by GA-GC is being planned (independent from the Tempus budget) and a new Tempus or other project may be developed.
Indicators of progress	Brochures distributed; centers visited; presentations made; new projects developed.
Outcome	
Reference number of the outcome	6
Title of the outcome table	QUALITY CONTROL AND MONITORING
Indicators of achievement and/or	- Coordinating Meetings; - Visits to the Academy and inspection of facilities and services; - Reports - New structures/services introduced at the Academy: IT, website, international office, language teaching, library, labs, etc. - Socio-economic survey completion,

performance as indicated in the project proposal	questionnaires collected
Proposed changes	
Activity carried out to date for achievement of the outcome	
Activity N°	6-1
Activity title	Meetings, Reports and visits to the Academy
Start Date	27/09/2006
End Date	15/04/2007
Place	Tirana (Albania)
Description of the activity	A preliminary visit to the Academy by GA-GC and a first coordinating meeting took place in September, followed by a monitoring of the various activities through meetings with two of the Faculty members attending the European Master, who served as liaison officers and produced intermediate reports. Three additional Coordinating Meetings then took place as described, one in Rome (January) one in Vienna (early March), and one in Tirana (end March). At each time a report was given by Academy's representatives and discussed with GA-GC and other EUPs. The Tirana meeting was completed by a visit to the facilities and several meetings with the staff involved. At that time, a general review and future planning was also discussed, in the framework of the preparation of a basic draft for the current Tempus Report.
Specific and measurable indicators of achievement	<ul style="list-style-type: none"> - Two visits to the Academy by GA-GC+EUP, one at the beginning, one at the end of the period. - Four intermediate operative meetings in Rome on the occasion of Master Modules. - Three Coordinating Meetings: in Rome, Vienna, Tirana. - Two informal reports sent by PC to GA-GC; a formal presentation given at the Rome Coordinating Meeting and updatings at the later ones.
Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)	
Activity N°	6-1
Activity title	Reviews and Final Report
Start Date	15/04/2007
End Date	31/08/2008
Place	Tirana (Albania), Vienna (Austria), Rome (Italy)
Description of the activity	Reviews of the Academy achievements and of the undergraduate curriculum, and eventually of the Master curriculum will be produced by EUP, as well as a Final Report with recommendations for future steps.
Indicators of progress	Reviews of undergraduate and of Master curricula. Final report.

**Section IV: Summary Report for Publication
CD_JEP-40087-2005 (AL)**

Project Title

Sport Science Curricula in Albania & Bologna Process

Project duration

2

Grantholder

IT, Roma - Istituto Universitario di Scienze Motorie - IUSM

Coordinator

AT, Wien - Universität Wien

Project partners (with contacts details of contact person in the Partner country/ies and the EU)

AL, Tirana - "Vojo Kushi" Academy of Physical Education and Sport
 DK, Odense - Syddansk Universitet - University of Southern Denmark
 GR, Athens - National and Kapodistrian University of Athens

Project budget (with contracts details of contact person in the Partner country/ies and the EU)

Cost of the action is 313,515.00 euro out of which 15,735.00 euro are cofinanced

Project Objective

To redesign sport science curricula at the Tirana Academy of Sport & Physical Education, particularly in a biomedical & public health perspective, aiming at:

- o implementing the Bologna process and promoting mobility and the upgrading of the Academy's teaching and research levels;
- o updating study programs and reducing the gap between learning outcomes and social & job market requirements;
- o implementing a reform of the Academy, bringing it more fully into the university context of the country and of Europe.

Outcomes and Activities

- 1 - 1. UPDATED & JOB-MARKET ORIENTED CURR STRUCTURE & UNDERGRADUATE PROGRAM, IMPLEMENTING BOLOGNA PROCESS, WITH REFORM & MODERNISATION OF TIRANA ACADEMY.
- 1.1 Website and internet access
 - 1.2 Language centre
 - 1.3 Library
 - 1.4 International Relations Office
 - 1.5 Survey of the job market
 - 1.6 Social and health statistics
 - 1.7 Curriculum structure and undergraduate Curriculum in line with Bologna Process
 - 1.1 Modernisation of the Tirana academy: Website, Language centre, Library, International Relations Office
 - 1.2 Curriculum structure and undergraduate Curriculum in line with Bologna Process
- 2 - 2. FAC UPGRADING, PROMOTING MOBILITY, TEACHERS TRAINING, RESEARCH MENTALITY & CONTEXT, AND SETTING THE BASIS FOR THE IMPLEMENTATION OF A HEALTH-RELATED POSTGRADUATE PROGRAM
- 2.1 Mobility: European Master in Health and Physical Activity
 - 2.2 Upgrading of teaching skills & programs
 - 2.1 Mobility: European Master in Health and Physical Activity
 - 2.2 Upgrading of teaching skills & programs
 - 2.3 Research context & definition of postgraduate program
- 3 - MANAGEMENT OF THE PROJECT
- 3.1 Role and responsibility of the consortium members
 - 3.1 Role and responsibility of the consortium members
- 4 - SUSTAINABILITY
- 4.1 Academy's reform and new sustainable curriculum
 - 4.1 Academy's reform and new sustainable curriculum
- 5 - DISSEMINATION
- 5.1 Involving graduates and operators in the sport sector
 - 5.2 Promoting the project with local institutions, associations and other stakeholders, and throughout the country
 - 5.1 Brochure and presentations

6 - QUALITY CONTROL AND MONITORING

- 6.1 Meetings, Reports and visits to the Academy
- 6.1 Reviews and Final Report

Main Staff Memembers Involved

EUP

-Prof. Paolo Parisi – GA, general admin. & coord., Eur. Master. Guidelines for specific activities (language teaching, curr. revision, socioeconomic survey, etc.)

-Prof. Norbert Bachl / Prof. Harald Tschan – GC, project coord., planning of activities & meetings, support analysis of socioeconomic data, implem. IT and web-site, Library, etc.

-Prof. Karsten Froberg, Prof. Vassillis Klissouras, Prof. Nickos Geladas help with advice & support, participate to coord. meetings and training sessions. Prof. Froberg offers internship and an Intensive Program in Odense on Physical Activity in Children as part of Eur. Master's 2nd year.

All EUP take part to the teaching in the Eur. Master and will contribute to the Intensive Program.

PC - CORE TEAM

-Prof. Vejsel Rizvanolli, Rector and project coord., with special respect to the Academy's upgrading and implementation of new structures & services (Library, Language ctr, Intl Office, etc.). Meetings with Fac., admin. staff & students. Relations with Ministry of Education and other bodies.

-Prof. Ilija Gaxho, supports the Rector and participates to all activities, particularly the relations with other Fac. members, devel.of new curr., Library, questionnaires and job-market survey.

-Dr. Arben Kaçurri, head of Intl Office, participates to Eur. Master and the various activities - job-market survey, Language ctr, curr. development, etc.

-Dr. Altin Erindi, has been particularly involved in the development of the project and as a sport medical doctor ensures liaison with Sport Med. Assn; participates to Eur. Master and to the various activities.

-Mirlinda Galushi, responsible for admin. & finance, in close relation with the GA office in Rome.

-Odeta Aleks, general support of the project and particularly the Library development.

Activities

JOB-MARKET ORIENTED CURR. STRUCTURE & UNDERGRAD. PROGRAM

Job-market survey conducted, Dec 06-Mar 07; statistics collected.

Bologna Process being assimilated; EU curr. collected; Eur Master experience being transferred.

New structure based on 3 tiers (3+2+3) agreed upon. Fac groups to work on new undergrad. curr.

MODERNISATION OF TIRANA ACAD.

Admin. offices upgraded, training sessions held, visits to Rome+Vienna provided models & advice.

IT introduced, initial web-site developed.

New hall of 200 sqm obtained for Library, list of acquisitions being developed.

FAC. UPGRADING, MOBILITY, TEACHERS TRAINING

Intl office developed. Class structured for language teaching; teacher hired and to visit Language Ctr at IUSM for guidelines.

5 Fac attended 1st year of Eur Master (4 Modules of 15 ECTS each) passing some exams, and ready for 2nd year's internship in Odense/Vienna + thesis. A 6th Fac attended 2 Modules. ECTS and diploma recognised in Europe & Albania.

Fac. training sessions during EUP visits and upon return of participants from Master Modules.

RESEARCH CONTEXT, SETTING THE BASIS FOR HEALTH-RELATED POSTGRAD. PROGRAM

Research skills being promoted through mobility, visits to Eur. labs, and research training in Eur Master.

Lab space & structures to be implemented, equipment to be purchased.

2 yr Master in Health-Related Physical Activity planned in the general curr. structure.

REFORM OF TIRANA ACAD., DISSEMINATION, SUSTAINABILITY

Tirana Acad. is now fully part of the university system in the new scheme approved by government.

The goal to implement a postgrad. curr. in line with the Eur. system and local needs has been widely disseminated and the Ministry's support is good guarantee for accreditation and sustainability.

Problems in project implementation

Activities started already in Sep 06, earlier than anticipated (it being assumed that the eligibility period would start from Jan 07).

Effects were mostly positive. This allowed selection of students for the European Master already in the 06/08 cycle, which was very beneficial. Admitting the students to individual 2-week Modules (the chosen form of the European Master, contrary to previous plans) did not involve budget modifications, the costs being higher on travel but lower on stay, and agreement was granted by the Tempus office.

There also were some organisational and bureaucratic difficulties, both at the Academy, in developing the facilities for the Language centre, the International Office and the Library, as well as in Rome, in granting the students adequate accommodation facilities and prompt payments or refunds of the expenses incurred. Delays in Banking procedures and difficulties in interpreting taxation regulations have also been encountered.

Combined with several limitations and demanding administrative procedures, this makes EU university administrations sometimes question the benefit of the program. This is also a problem for the EU Faculty members involved, who need a very high motivation to undertake such a project, with its time-consuming and somewhat excessive requirements, and on the other hand limited recognition or material benefits.

Progress to date

JOB-MARKET ORIENTED CURR. STRUCTURE & UNDERGRAD. PROGRAM:

- Job-market survey conducted, statistics collected.

- EU curr. collected; Eur Master experience being transferred.
- New structure based on 3 tiers (3+2+3) agreed upon.

MODERNISATION OF TIRANA ACAD.

- Admin. offices upgraded, training sessions held, visits to Rome+Vienna provided models & advice.
- IT introduced, initial web-site developed.
- New hall of 200 sqm obtained for Library.

FAC. UPGRADING, MOBILITY, TEACHERS TRAINING

- Intl office developed. Class structured for language teaching; teacher hired.
- 5+1 Fac attended 1st year of Eur Master.
- Several Fac. training sessions held.

- Research skills being promoted through mobility, visits to Eur. labs, and research training in Eur Master.

REFORM OF TIRANA ACAD., DISSEMINATION, SUSTAINABILITY

- Tirana Acad. is now fully part of the university system in the new scheme approved by the government.
- The goal to implement a curriculum in line with the Eur. system and the needs of the labour market has been widely disseminated and there is Ministry's support toward accreditation and sustainability.

Other remarks

None

Section V: Declaration
CD_JEP-40087-2005 (AL)

✓ I confirm that I will send the signed original DECLARATION and one copy of this DECLARATION by registered mail (date as postmark) within ten days from the submission of the report to the following address:

Klaus Haupt
 Deputy Head of Unit
 Tempus - Erasmus Mundus
 Office MADO 15/21
 Directorate-General for Education and Culture
 European Commission
 B - 1049 Brussels (Belgium)

Name of the <u>grantholder</u> institution:	ISTITUTO UNIVERSITARIO DI SCIENZE MOTORIE - IUSM		
Name of the <u>grantholder</u> :	Paolo Parisi	Name of the <u>legal representative</u> :	Figura Francesco
Function:	Professor & Prorector, International Affairs	Function:	Rector
Done at:		Done at:	
Date:		Date:	
Signature:		Signature:	
Seal of the beneficiary institution:			

Start: 08/06/2007 19:05:35
 End: 08/06/2007 19:05:38
 Elapsed: -3.4722230629995E-05
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Section V: Declaration
CD_JEP-40087-2005 (AL)


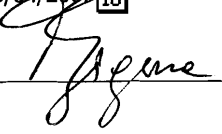
DECLARATION

This declaration should be completed and signed by the following people

1. the grantholder of the Joint European Project
2. the person who is legally authorized to represent the grantholder institution.

I confirm that I will send the signed original DECLARATION and one copy of this DECLARATION by registered mail (date as post ten days from the submission of the report to the following address:

Klaus Haupt
Deputy Head of Unit
Tempus - Erasmus Mundus
Office MADO 15/21
Directorate-General for Education and Culture
European Commission
B - 1049 Brussels (Belgium)

Name of the <u>grantholder institution</u> : ISTITUTO UNIVERSITARIO DI SCIENZE MOTORIE - IUSM			
Name of the <u>grantholder</u> : Paolo Parisi		Name of the legal representative: Figura Francesco	
Function: Professor & Prorector, International Affairs		Function: Rector	
Done at: Rome		Done at: Rome	
Date: 13/04/2007 <input type="checkbox"/> 16		Date: 13/04/2007 <input type="checkbox"/> 16	
Signature: 		Signature: 	
Seal of the beneficiary institution:			