

ANNEX III

Report on the action's implementation and Summary report for publication (IR2)

T E M P U S Joint European Project

CD – JEP – 40087 – 2005

(Agreement n°)

		<u>DEADLINE</u>
2-year JEP	Grant Agreement received <u>before</u> December 2006	15/01/2008
	Grant Agreement received <u>after</u> December 2006	30/03/2008
3-year JEP	Grant Agreement received <u>before</u> December 2006	15/03/2008
	Grant agreement received <u>after</u> December 2006	15/09/2008

Structure of the Report

- Annex III/2: Declaration
Annex III/3-5: Report on the action's implementation
Annex III/6-9: Statistics and indicators
Annex III/10: Example on how to fill in the outcome tables
Annex III/11: Table of achieved/planned outcomes
Annex III/12-13: Summary Report for publication
Annex III/14: Acknowledgement of receipt

One original (with original signatures) and three copies are to be sent by the deadline with registered mail (date as per postmark) to:

Klaus Haupt
Deputy Head of Unit
Cooperation and International programmes
MADO – 08/90
Directorate-General Education and Culture
European Commission
B – 1049 Brussels

DECLARATION

This declaration should be completed and signed by the following people:

1. the grantholder of the Joint European Project;
2. the person who is legally authorised to represent the grantholder institution.

We, the undersigned, certify that we have submitted all the required documentation, including the documents listed in the checklist.

Furthermore, we certify that the information given in this implementation report is correct to the best of our knowledge and complies with the requirements of the provisions of Articles 1.6 and II.15 of the grant agreement.

We are aware that amendments to these documents will not be accepted after the date of submission.

Name of the grantholder institution: Università degli Studi di Roma Foro Italico

Name of the grantholder: PAOLO PARISI

Name of the legal representative: PAOLO PARISI

Function: Professor, Rector

Function: Rector

Done at: ROME

Done at: ROME

Date: 10 September 2008

Date: 10 September 2008

Signature:

Signature:

Seal of the grantholder institution:

LEVEL OF EXPENDITURE

Please, tick the appropriate box below.

YES, we have spent **70 % of the first instalment** and the 'Payment Request' form has or will be sent (see Tempus website under Selection 2005 contractual documents).

NO, we have not yet spent **70 % of the first instalment**.
Approximately 48% of first instalment has been spent until now.

Report on the action's implementation

Please provide an overview on the project's implementation, by responding to the questions below:

Overall achievement level

Please provide a description of activities carried out since the previous report. Please describe to what extent the obtained results since the beginning of the project are contributing to the project objectives.

The project aimed originally to upgrade the Helwan University Faculty of Physical Education for Girls and its curriculum, in line with the Bologna Declaration, so as to bring the Faculty closer to its European counterparts, while increasing the background of graduates and their chances to meet the needs stemming from the country's emerging transformations and new job-market requirements. The project has then been endorsed by two other Faculties of Physical Education in Egypt (at the Universities of Alexandria and of Minia) and by the Cairo University Medical School, resulting in an extension and broadening of its objectives in Egypt, and involving additional measures for the project's management and sustainability.

Since the previous report, the following main results were achieved:

- a) The overall analysis of the data collected in the partner country (PC) from graduates and the social survey, and from European partners (EUP) curriculum analysis, has been completed in Helwan and almost completed in Alexandria and Minia. As a result, the basic revision of PC study programs, to reflect scientific progress, harmonisation with the European system, and the local culture, traditions and assessed needs, is now in progress.
- b) The implementation and updating of study programs, in the light of scientific advances and to promote the development of a postgraduate department, particularly in the biomedical area, the strongest in terms of scientific developments and prospects, and the most relevant one in terms of research interests and perceived social needs and job-market requirements, has started. In Helwan, 4 new courses have been developed, 3 of which are already included as regular courses.
- c) The improvement of teaching abilities and outcomes, through teachers training and the introduction of modern contents and methodologies, is in progress. Six Faculty staff members from Helwan, Cairo, Alexandria and Minia participated to 1st and/or 3rd or 4th Module of the European Master in Health and Physical Activity in Rome and to the International Seminar Series in Movement Biology and Biochemistry organized at IUSM. Three PC students have been selected and enrolled in the 2-year European Master (120 ECTS) and are currently attending the 2nd year.
- d) The updating of administrative services in Helwan University, and particularly the establishment of a tutor's office to support mobility, is completed. The updating of research (labs) and teaching (library) facilities in Helwan is in progress, with the acquisition and full reconstruction of two rooms for basic and applied exercise physiology labs, which are now ready to host the scientific equipments foreseen in the project.
- e) Specific dissemination activities have been performed, including meetings with Faculty, staff and students; the creation of the project web site; the organization and participation to Workshops and Seminars; meetings with national and University officials; dissemination via interview of Tempus partners in PC newspaper and media; thereby stimulating the interest of public and private PC institutions in the project, which should guarantee its sustainability and a continuing support to the project's beneficiaries.

Coherence with the workplan and comments on deviations and modifications

Please write in this section any change occurred in comparison with the original plans described in the proposal.

No major changes have occurred in the project content and work plan.

However, (a) the endorsement of new PC partners, (b) the rearrangement and reconstruction of new space for laboratories and library by Helwan University for the Giza Faculty of Physical Education for Girls, (c) new opportunities for local dissemination, and (d) some problems encountered by PC students (visa release, compliance with the European Master's program), required a number of modifications:

- a) the budget allocated for PC staff mobility and cost needed some redistribution;
- b) the list of scientific equipment was revised and slightly modified, and its purchase, as well as that of books, needed to be postponed;
- c) the visit to the University of Vienna has been postponed to 2009;
- d) a second selection of PC students for participation to the 2009 program of the European Master in Health and Physical Activity has been scheduled for March 2009.

Development of training programme

Please provide a description of the teaching/training programme(s) (undergraduate programmes, postgraduate programmes, intensive courses, training modules to university or non-academic staff, etc.) that the consortium is developing, the state of play of these developments and introduction of the programmes at the time of submitting the report.

The project implies the implementation and updating of study programs, in the light of scientific advances and to promote the development of a postgraduate department, particularly in the biomedical area, the strongest in terms of scientific developments and prospects, and the most relevant one in terms of research interests and perceived social needs and job-market requirements.

Three new courses --Exercise physiology, Exercise biology, Genetics and Aging-- have been developed for the postgraduate program and teaching of the new implemented curriculum has been started in the last academic year (2007-2008). Exercise physiology is the only course developed for the undergraduate program and will be taught next academic year (2008-2009).

The organization of intensive courses of Exercise physiology, Tests and measurements, Genetics, Exercise biology, Cardiopulmonary evaluations and Rehabilitation medicine has already started by the Consortium and these courses will start next academic year (2008-2009).

An intensive English course for the selected 5 students and 5 academic staff members involved in the project has been organized by a private company (New Horizon) during the period May-August 2007.

An e-learning English course in Academic Writing focusing on Sport Science has been developed by the Rome University (IUSM) through its Language Center and the cofinancing of JEP-40087-2005, and is currently available for PC staff and students.

New/Restructured institutions

Please provide information on the institutional changes that the project aims to introduce in the partner country consortium institution(s). Examples: establishment of units, new faculties, upgrade and/or establishment of libraries, establishment and/or restructuring of international relation offices and such like. If this entry is not relevant for your project, please write 'Not Applicable'.

An updating of administrative services, and particularly the establishment of a tutor's office to support mobility, and the updating of research (labs) and teaching (library) facilities represent major project objectives.

An independent effort by Helwan University, based on the Rector's support prompted by the European project, has already allowed an initial upgrading of office facilities, with the implementation of a Tempus & International Tutor Office, and international communications have been implemented.

A place for a Basic laboratory has been reconstructed in the Gezira Faculty, in which some of the Faculty's equipments have been put and are being used by postgraduate researchers and staff members, awaiting for the arrival of some of the new TEMPUS equipments. Some postgraduate teaching is also taking place in the lab.

A much larger and well constructed place for an advanced Exercise physiology laboratory has been made available by Helwan University, and this is where most of the project's equipments will go.

Staff (re-)training

Please provide a description of the activities carried out and/or planned to be carried out in order to train the staff of the partner country consortium institution(s). Please provide also an outline of the selection criteria for the different groups of persons that have participated and/or will participate in the development of these activities.

The project is expected to improve teaching abilities and outcomes, through teachers training and the introduction of modern contents and methodologies. Training and retraining activities have been carried out through EUP visits to the PC and PC staff visits to EUP institutions. In order to better promote Faculty upgrading and the sustainability and further developments of the project, participation to the European Master program was also planned, involving intensive teaching in Rome and internships in Vienna, Odense or Rome in the area of health and physical activity.

A total of 6 Faculty staff members from the Universities of Helwan, Cairo, Alexandria and Minia participated in full or in part to the 1st and/or 3rd or 4th Module of the Master in Rome.

The selection of PC students for the Master was based on a two-step procedure: 1) a preselection by the PC Universities, and 2) an interview by a delegation of the EUP including the Grant Applicant (then Grant Holder, GH). Six students had been selected by April 2007, but, due to mobility problems related to visa release and national security rules, only 3 were finally able to attend the program in Europe. The participation of 4 additional students has been planned.

Faculty staff members from Helwan, Alexandria and Minia participated also to the International Seminar Series in Movement Biology and Biochemistry organized in Rome by IUSM.

An intensive English Course was also organized in Cairo for Faculty members and students (5 + 5).

An e-learning English course in Academic Writing focusing on Sport Science subjects was developed by the Rome University (IUSM) through its Language Center and the cofinancing of JEP-40087-2005, and is currently available for PC staff and students.

Consortium Staff members are planning to start intensive courses to be held next academic year (2008-2009), including: Exercise physiology, Tests and measurements, Genetics, Exercise biology, Cardiopulmonary evaluations and Rehabilitation medicine.

Staff mobility

Please provide an outline of the staff mobility scheme and the selection criteria for the different groups of persons that have participated and/or will participate in mobility flows. Please describe how dissemination activities have been or will be organised by home institution and explain how mobility helped and/or will help in achieving the project objectives. Information about how the home institutions recognise the mobility should also be provided. If unforeseen changes in your original plan occurred, please indicate the type of changes and the measures taken to address them.

The project is expected: to improve teaching abilities and outcomes, through teachers training and the introduction of modern contents and methodologies; to foster scientific mentality and research, establishing postgraduate programs; to promote mobility and scientific cooperation, and to more generally help increase understanding and cooperation with the European scientific community, culture and society.

To achieve this goal, international and local staff mobility, mainly involving academic staff, was organized to add value to the different actions (curriculum development, staff training or re-training, dissemination and sustainability, management) included in the project. These included:

- Coordinating meeting in Rome, October 1-6, 2007 (5 EU and 2 PC international mobility);
- Dissemination event: Workshop on the "Internationalization of the University System in the Area of Sport Science" (Rome, October 1);
- Attendance of 2 PC Faculty staff to the 1st Module of the European Master (Rome, 1-6 October);
- Coordinating and dissemination meeting in Cairo, November 2007 (3 PC local mobility);
- Inter-Tempus coaching meeting, Vienna, November 2007 (3 EU international mobility);
- Coordinating meeting in Rome, 2-6 December 2007 (5 PC international mobility);
- Attendance of 5 PC Faculty staff to the 3rd Module of the Master in Rome and the International Seminar Series in Movement Biology and Biochemistry, 3-14 December 2007;
- Coordinating meeting in Alexandria, 26 December 2007 (2 PC local mobility);
- Attendance of 1 Faculty staff to the 4th Module of the Master, 5-13 January 2008 (1 PC international mobility);
- Coordinating meetings in Cairo and Alexandria, 15-24 February 2008 (8 EU international and 2 local mobility);
- Dissemination events in Cairo (Seminar by the GH, Prof. Paolo Parisi on *Health and Physical Activity: Adapting Egypt Sport science curricula to the Public Health picture, the job market needs and the European university system -- A Europe-Egypt Collaborative Project*, Cairo University, Faculty of Commerce, 17 February), and in Alexandria (Seminar by Prof. Paolo Parisi on: *Health and Physical Activity: The Public Health picture in modern society and the role of physical activity in prevention and wellbeing -- A Europe-Egypt Collaborative Project*, Alexandria University Rectorate, 21 February).

Student mobility

Please provide an outline of the student mobility scheme and the selection criteria for the different groups of persons that participated and/or will participate in mobility flows. Information about how the home institutions recognise the mobility (credit transfer, double diploma, diploma supplement, etc.) should also be provided. If unforeseen changes in your original plan occurred, please indicate the type of changes and the measures taken to address them. Finally, if this entry is not relevant for your project, please write 'Not Applicable'.

Students mobility was promoted by admitting PC students to the European Master in Health and Physical Activity, involving intensive teaching in Rome and internship in Vienna, Odense or Rome. Selection procedures were as described above. Out of the 6 students selected, 3 (1 from Helwan and 2 from Alexandria) were enrolled in the Master with the following mobility scheme:

- the 3 PC students attended the 1st year of the European Master in Rome, consisting in Intensive Teaching Modules, from 24 September 2007 to 20 January 2008; (3 PC student mobility);
- the PC students were admitted to the 2nd year of the European Master and took part to the Internships in the partner Universities (Vienna, Odense, Cologne) during the period, April – June 2008 (2+1 PC student mobility).

Academic co-ordination and administrative management

Please describe the division of tasks between the various consortium institutions for both aspects concerning academic co-ordination and administrative management. Particular attention should be paid to the description of how this division of tasks will be managed in terms of communication and decision making process. Please also describe your methodology for the day-to-day management of the project activities, indicating what kind of administrative support or other support you have received from your institution. If you encountered difficulties related to the management of the project, please indicate the type of problems and the solutions identified to address them.

With respect to the specific roles and responsibilities of consortium partners on academic coordination and administrative management, the subdivision of tasks outlined in the project implies that all activities and progress would be monitored regularly, both by the local Grant Coordinator (GC) and by the EUP on the occasion of their visits, through specific assessments and related measures and recommendations in progress reports.

Specifically, Helwan University, as initially the only partner in the PC and GC, holds responsibility for the local organisation and all the steps related to the implementation of the planned transformations and curriculum reform. The University of Vienna, as EU Project Manager (PM), holds responsibility, in conjunction with the GC and the GH, for the project's management and the monitoring and coordination of its various steps toward the satisfactory realisation of the planned outcomes and activities. Finally the Rome University (IUSM), as the GH and general coordinator, holds responsibility for the relations to the EU Tempus office and the correct financial and cultural realisation of the project, for its general administration and all related financial transactions, and for the monitoring of all activities, through the action of the Executive Coordinator (EC) acting in close cooperation with the EU-PM and the GC.

As originally planned, to the effect of broadening the project's objectives, dissemination and potential for change in Egypt, a formal endorsement was obtained from the Faculties of Physical Education in Alexandria and Minia Universities in July 2007, which, following approval by the Tempus office, officially joined the project. The endorsement of Cairo University Medical School, already represented by one of its Faculty members in the project, was also obtained. This obviously produced an increased burden, also because each university has a different nature and structure. With this regards, advices and suggestions have been collected by the GA (GH), the EC and the PM during an Inter-Tempus coaching meeting in the University of Vienna, which has a special Tempus office involved in several similar projects.

The local GC therefore developed a work plan, after the EUP visit in February 2008, involving all activities. This was sent to each of the three new partners for them to implement the project according to specific local needs. The representative of each university assigned the different tasks required to the staff members involved. Each task has a deadline for a report submission.

Some communication and managerial difficulties have been encountered in the last six months, involving the relations of the local GC with other Egyptian partners as well as the EUP. Reports from other local partners were late and incomplete, relations appeared to be uneasy, and some difficulties in cooperation and/or coordination became apparent. Miscommunications also occurred with the GH and other EUP, particularly with the GC complaining about the pending status of some requests, and on the other hand the GH and EC considering such requests to still lack the needed specifics or backing. A Coordinating meeting has been planned in mid October in Alexandria, at the time of a new visit of the EUP for a dissemination meeting on the occasion of an important congress, and the situation will be carefully reviewed with an effort to ensure smoother operations and a satisfactory completion of the program.

Equipment

Please provide an outline of the equipment purchased and explain where the equipment has been installed and who has access to it. If this entry is not relevant for your project, please write 'Not Applicable'.

The development and/or upgrading of IT technology and laboratory equipment is one of the relevant aspects of the project, and required the assignment of new areas for the development of a basic lab (in Gezira) and an advanced

research lab (in Helwan). The original selection of equipments and books has been revised to be subdivided into the two separate labs, combining the scientific equipments already available or recently purchased through a different project, with the equipment to be acquired through the current Tempus JEP. This revision of the original plan, and the need to wait for the actual laboratory space to be available and to repeat the tenders and update prices, has caused some delays and is one of the communication problems encountered between GC and GH/EC. Equipment purchased so far includes: 1 air conditioning, 1 printer, 1 data show and adapter, 1 notebook.

Dissemination

Please describe what actions have been or are planned to be undertaken for the dissemination of the results of the different activities, both within the project framework and outside the project itself. In particular you should refer to definition of tasks and concrete dissemination channels to make the project results available to larger beneficiary groups. If a web site for the project has been created, please provide the address. If there have been any unexpected positive secondary effects of the project activities, please describe them under this section.

Dissemination of the project's goals and frame of reference started in the early stages of the project and continued intensively throughout its realisation. As originally planned, it involved disseminating printing materials and information as well as having meetings, seminars and presentations, and it consisted of two main actions:

- a) Involving the graduates and operators in the sport sector, who were approached for interviews and involved in seminars and disseminating meetings within Universities and Faculties;
- b) Promoting the project with PE Faculties, other academic contexts, health operators, and schools, who were involved in specific dissemination action undertaken on the occasion of the visits of the PC and EUP Faculty for the Curriculum Development Sessions.

Moreover, a project web site has been created and is regularly updated by the coordinating institution in Rome (<http://www.tempusport.eu/>).

Specific dissemination activities performed in the period include:

- Dissemination throughout departments in PC Faculties;
- PC local dissemination through graduate and sport operators interview;
- Dissemination through the Workshop "Internationalisation of the University System in the Area of Sport Science" (Rome, 1 October 2007);
- Disseminating Workshop in Cairo, November 2007;
- Official Presentation about the project in an international conference outside Cairo (Zagazig);
- Dissemination through Faculty meetings in Cairo and Alexandria and through Seminars in Cairo (Prof. Paolo Parisi "*Health and Physical Activity: Adapting Egypt Sport science curricula to the Public Health picture, the job market needs and the European university system*", organised by the Italian Embassy and Cairo University Faculty of Commerce) and in Alexandria (Prof. Paolo Parisi "*Health and Physical Activity: The Public Health picture in modern society and the role of physical activity in prevention and wellbeing -- A Europe-Egypt Collaborative Project*", Alexandria University Conference Hall), February 2008.
- Meetings of the EU (GH, EC and partners) and PC (GC and partners) with:
 - Gezira Faculty; Dean, Prof. Dr. Safya Ahmed Mohy Eldin Hamdy;
 - Cairo Medical School, Dean,
 - Helwan University, President, Prof. Dr. Abd Allah Barakat, the Vice-President for Post-graduate studies & research, Prof. Dr. Ahemed Salama, and other authorities;
 - Alexandria University, President, Prof. Dr. Hassan Nadir Kheirallah, the Vice-President for Post-graduate studies & research, Prof. Dr. Hind Mamdouh Hanafy, and other authorities;
 - Ministry of Higher Education and State for Scientific Research, the Coordinator of European Cooperation, Dr. A. Hamid El-Zoheiry;
 - European Union, Delegation of the European Union in Egypt, the Science Counsellor, Dr. Elena Sacher Cuadrado, Delegation of the European Commission to the State of Israel, the Minister Counsellor, Head of Scientific Session, Dr. Robert Krenzel;

European Union, Tempus Office in Egypt, Mr Yasser Elshayeb;

Italian Embassy, Scientific Attaché, Prof. Dr. Franco Porcelli.

- Dissemination of EUP seminars in PC newspaper (The Egyptian Gazette) and European delegates interview through the media (Cairo and Alexandria visit, February 2008).

Sustainability

A project is sustainable when it continues to deliver benefits to the project beneficiaries and/or other target groups for an extended period after the EU's financial assistance has been terminated. Sustainability may not concern all the aspects of a project; in each project some activities or results may be maintained, while others may not be so necessary to maintain. Please explain which of your planned activities and results must be maintained to make your project sustainable. Describe which measures you foresee to realistically ensure the continuity of those activities and results beyond the lifetime of the project (even under conditions of financial autonomy). The sustainability plan should refer to such issues as: academic/socio-economic/national support (describe the measures undertaken to formalise or institutionalise any links with local non-university partners), involvement of consortium members (ownership/motivation), effective management and leadership, active participation of the target group, forecast of needs, availability of resources for continuation, capitalisation of achieved results and measurable medium/long term impact (long-lasting effect of the project cooperation as well as impact on partner institutions and target groups).

The Tempus grant is needed to support the transformation process. Once this is accomplished, many of the results obtained will be permanent and only require running and maintenance costs that should basically be affordable by local institutions.

The goals already achieved include:

a) the labs, equipments already purchased or selected, services and procedures implemented will remain in place and be basically supported through the institution's ordinary budget, with some extra source of support for maintenance;

b) the upgrading of study programs and teaching skills, technologies and presentations will have taken place, as will the mobility program and Faculties upgrading through the European Master, and have become a new asset for the institutions;

c) the market operators and other social parties have been extensively involved and motivated and the value of physical activity in health and prevention will be more widely recognised;

All the activities mentioned in the previous section will contribute to the sustainability of the project, including an extensive involvement of PC National and University governing bodies in the dissemination activity of PC and EUP partners.

Quality control and monitoring

Please describe what monitoring activities the consortium carries out in order to assess whether the project proceeds according to the workplan. Please describe the strategy for internal and external evaluation of the project results and include measurable quality indicators for progress. In addition to the project results (courses, publications, new institutional structures, etc), you should pay attention also to the strategy for project management. In particular, explain what instruments you use to ensure effectiveness of the quality control (i.e. Logframe approach, feedback questionnaires for evaluation or survey, swot analysis, etc.) and the bodies involved in evaluation (i.e. committee(s), validation commission(s), accreditation board(s), etc.). For external evaluation, you may indicate the role of independent experts or peer reviewers providing a summary of their evaluation plan and report(s).

As specified in the application, the project will be closely monitored by the GH/EC, the EU-PM, whose institution has a special Tempus office being involved in several such projects, as well as of course by the GC, and other EUP. In particular, and in addition to regular contacts between GH/EC, GC, and other partners, the following evaluation measures will be taken:

- Bimonthly Reports prepared by GC and sent to EU-PM and the GH/EC;
- Coordinating Meetings;
- Six-monthly Reports prepared by the EU-PM and the GC;
- EUP Reviews;
- Final Report.

In the period covered by this report, 5 Coordinating meetings and 1 Inter-Tempus coaching meeting, have been performed:

- 1 Coordinating meeting in Rome, 1-6 October 2007
- 1 Inter-Tempus coaching meeting in Vienna, 24-25 November 2007;
- 1 Coordinating meeting in Cairo, November 2007
- 1 Coordinating meeting in Rome, 2-6 December 2007
- 2 Coordinating meetings in Cairo and Alexandria, 15-24 February 2008

In addition to the reports sent through e-mail by the GC and EU-PM to the GH and EC, continuous monitoring of project activities has been supported by the other EUP through reviews and consulting.

The current report on the action's implementation is the result of the joint input of the Executive Coordinator (EC, Rome), with contributions from the Project Manager (EU-PM, Vienna), and of the local Grant Coordinator (GC, Cairo-Helwan), with the final revision and the approval of the Grant Holder (GH, Rome).

Any other comment

Please provide in this entry any relevant information you think to be useful for the assessment of your project implementation (i.e. synergies with other projects, any support from outer environment, networking with professional bodies, etc.).

- The high synergies with other international projects involving the present EUP Consortium (Tempus JEP -40087-2005 "Sport Science Curricula in Albania & Bologna Process"; European Master in H&PA; Erasmus IP's in Children and Physical Activity - relations to Obesity and Health) allows to add value to the activity carried for the project implementation.

Statistics and Indicators

This section aims to gather statistical data and indicators of performance. Please provide information strictly focusing on the present state of play of your project.

Staff training

Number of teaching staff trained or retrained 6
Please indicate the number of teaching staff (professors, assistants with teaching tasks, etc.) trained and/or retrained to the date of the report submission.

Number of trainers trained 80
Please indicate the number of trainers (persons performing teaching activities either targeted to other trainers or not performing it as staff of a University) trained to the date of the report submission.

Number of trainees trained 30
Please indicate the number of trainees (persons attending training and/or retraining courses that cannot be considered as University students. I.e. staff of a local public administration office, members of an association and/or local NGOs, etc.) trained to the date of the report submission.

Number of administrative staff trained or retrained 11
Please indicate the number of University administrative staff (librarians, international office's staff, IT specialists, etc.) trained and/or retrained to the date of the report submission.

Mobility

Number of partner country - EU/Acceding/Candidate mobility flows 16
Please indicate the number of staff/student mobility flows performed from the partner country/ies to the European Union and or Acceding/Candidate countries to the date of the report submission.

Number of EU/Acceding/Candidate - partner country mobility flows 11
Please indicate the number of staff mobility flows performed from the European Union and or Acceding/Candidate countries to the partner country/ies to the date of the report submission.

Number of partner country internal mobility flows 11
Please indicate the number of staff mobility flows performed within the same consortium partner country to the date of the report submission. In case more than one partner country participates in your project, please provide the total number of internal mobility flows resulting from the addition of flows performed in each partner country. (Ex: 2 internal flows in Albania and 3 internal flows in Croatia = 5).

Number of EU internal mobility flows 7*
Please indicate the number of staff mobility flows performed within the same EU and/or acceding/candidate country to the date of the report submission. Please provide the total number of internal mobility flows resulting from the addition of flows performed in each partner country. (Ex: 2 internal flows in Sweden and 1 internal flow in Slovakia = 3).

** The number of staff mobility flows refers to EU-EU mobility (1 coordinating meeting in Rome, 1 Inter-Tempus coaching meeting in Vienna)*

Number of administrative mobility flows 1
Please indicate the number of mobility flows performed for strictly administrative reasons (co-ordination meetings, etc.) to the date of the report submission. In case this activity is linked to other project content activities, please include this mobility within the above-mentioned categories.

Other

Number of publications 0
Please indicate the number of publications (books, compendia, articles, papers, etc.) produced to the date of the report submission.

Number of developed curricula 4°
Please indicate the number of curricula produced to the date of the report submission.

****Note: This refers to the 4 Subjects -- Exercise physiology, Exercise biology, Genetics and Aging (postgraduate) and Exercise physiology (undergraduate) – for which study programs have been developed.***

Number of new institutions 3
Please indicate the number of new institutions created in the framework of your project (new university library, new international relation office, new association of experts and/or professors, new university career centre, etc.) to the date of the report submission.

Number of restructured institutions 1
Please indicate the number of institutions restructured in the framework of your project (upgrade of university libraries, re-organisation of the international relation office, revision of the mandate of research centres, etc.) to the date of the report submission.

	YES	NO	N/A
Difficulties in financial management	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please indicate whether you experienced any sort of difficulty while managing your project from the financial point of view.

Comments if any: *Banking problems were experienced with the first money transfers from Rome to Cairo and delays are still common. Problems in understanding and sharing common procedures complicate the relation between GC and GH/EC, the former complaining about not receiving payments that the latter considers can still not be made, for persistent uncertainty on what is actually requested, lack of specifics, and/or justifications or backing documents. An attempt to clarify the situation will again be made in a Coordinating Meeting in mid October 2008.*

	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Bologna Process
Please indicate whether your project contributes to the achievement of the Bologna Process' objectives in the consortium partner country(ies). For information on the Bologna Process:
http://ec.europa.eu/education/policies/educ/bologna/bologna_en.html
Comments if any:

	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Adoption of a system of easily readable and comparable degrees
Please indicate whether your project contributes to the achievement of readable and comparable degrees.
Comments if any:

	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Diploma supplement
Please indicate whether the project contributes to the introduction of procedures for the issuing of diploma supplements in the partner country university/ies. For information on the diploma supplement:
http://europa.eu.int/comm/education/policies/rec_qual/recognition/diploma_en.html
Comments if any:

	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Adoption of a system based on two main cycles, undergraduate (Bachelor) and postgraduate (Master)
Please indicate whether your project contributes to the achievement of the adoption of a system based on two main cycles.
Comments if any:

	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Introduction of a double or joint degree
Please indicate whether in the framework of your project the involved institutions agreed to issue double or joint degrees.
Comments if any:

	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Establishment of a system of ECTS to promote student mobility
Please indicate whether your project contributes to the introduction and/or development of the European Credit Transfer System at the consortium partner University(ies). For information on ECTS:
http://europa.eu.int/comm/education/programmes/socrates/ects/index_en.html

Comments if any: *The possibility has been discussed, and there is definite interest, but no plans have been made*

Promotion of European co-operation in quality assurance

	X	
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Please indicate whether your project promotes European co-operation in quality assurance. For information on the 'Standards and guidelines for quality assurance in the European higher education area: http://www.bologna-bergen2005.no/Docs/00-Main_doc/050221_ENQA_report.pdf

Comments if any:

Lifelong learning as an essential element of the European Higher Education Area

	X	
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Please indicate whether your project contributes to lifelong learning.

Comments if any:

Promoting the attractiveness of the European Higher Education Area

X		
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Please indicate whether your project promotes the attractiveness of the European Higher Education Area.

Comments if any:

Other credit systems

	X	
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Please indicate whether your project contributes to the introduction and/or development of a credit transfer system (other than ECTS) at the consortium partner University/ies.

Comments if any:

Modular structure of curriculum

	X	
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Please indicate whether the curriculum/curricula which is to be developed in the framework of your project has/have a modular structure.

Comments if any:

New teaching and learning methods

X		
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Please indicate whether the project contributes to the development of new teaching/learning methods at the partner country university/ies.

Comments if any:

Quality assurance

	X	
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Please indicate whether the project contributes to the enhancement of the partner country university/ies strategies for quality assurance.

Comments if any:

e-Learning

X		
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Please indicate whether the project contributes to the development of an e-learning strategy at the partner country university/ies.

Comments if any: *Purchase of an e-learning English Academic Writing focusing on Sport Science subjects, developed at the Rome University (IUSM) through its Language Center and a cofinancing from Tempus funds.*

University/Enterprise cooperation

	X	
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Please indicate whether the project foresees the implementation of co-operation activities between the partner country university/ies and the entrepreneurial sector.

Comments if any:

Links to the labour market in degree programmes

X		
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Please indicate whether the new/restructured curriculum/curricula has/have been developed in order to respond directly to the needs of the local and national labour market through internships, intensive training in the field, etc.

Comments if any:

Links with other EU education programmes

X		
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Please indicate whether your project is linked to other EU educational programmes other than Tempus. For information on the EU educational programmes: http://europa.eu.int/comm/education/index_en.html.

If yes, please indicate to which EU educational programme your project is linked.

Comments if any:

Set up of project website

X		
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Please indicate whether a project website has been created and provide its web address.

Web address: <http://www.tempusport.eu/egypt.htm>

Qualification frameworks

X		
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Please indicate whether the project contributes to the development of an educational policy and/or strategy in the partner country university/ies that takes into consideration the European Qualification Framework's principles. For information on the European Qualification Framework:

http://europa.eu.int/comm/education/policies/2010/consultations_en.html

Comments if any:

There is clearly an interest, but no specific discussions with the EU partners have yet taken place.

Teacher training in:

Please indicate whether your project has links with Vocational Education and Training and if so, whether it is within the one of categories listed below.

Language

X		
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Numeracy

	X	
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Literacy

	X	
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IT skills

X		
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Social and inter-cultural skills

	X	
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Comments if any:

Links with VET in:

Please indicate whether your project has links with Vocational Education and Training and if so, whether it is within the one of categories listed below.

Adult training

	X	
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Non-formal and informal education

	X	
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Active citizenship

	X	
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Occupational guidance and counselling

	X	
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Comments if any:

TABLE OF ACHIEVED/PLANNED OUTCOMES

<u>Title and reference number of the outcome:</u>	1. Modern Curriculum structure & undergraduate program in line with job market needs and Bologna Process, allowing better occupability and closer contacts with European system and culture.
<u>Indicators of achievement and or/performance as indicated in the project proposal</u>	- Data on health issues & job market; - New Curricula harmonised with European system;

Activities carried out to date for the achievement of this outcome

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of achievement
1.1	General organisation; establish data bases; implement tutor's office to support mobility; start updating administrative services, equipment & library	1.01.2007	31.03.2007	PC and EU	Completed. A Tempus office has been established and is functioning, equipped with communication facilities (internet access and fax machine offered by Helwan University). One computer, a printer and data show were bought through the Tempus funds for Equipment.	Office is used for students exams, PC university staff meetings, communication with EU partners, and the project administrative work
1.2	Develop IT & web-site	1.09.2007	31.10.2008	PC, Vienna, Rome	A Tempus Project web site has been implemented and is regularly updated (http://www.tempusport.eu/)	Tempus Project web site
1.3	Acquire study programs from PC Universities & from European Universities and Thematic Network AEHESIS, for comparative analysis & synthesis	1.01.2007	30.06.2007	PC and EU	A survey was conducted about all the universities in the Egyptian Universities Network (http://www.eun.eg/docs-n/index-ee.php). Contacts were established and data collected in various ways (travelling, fax, post, personal contacts) European study materials were collected through the European master modules and the AHESIS web site, and analyzed and classified for PC curriculum development.	Scientific updating & social consensus; integration & coop with market operators. Acquaintance with the collectively taught materials, missing topics and their importance in development
1.4	Assess social & job-market needs	1.02.2007	30.09.2007	PC and EU	Health clubs from different Egyptian governorates were surveyed and questionnaires were answered by employees. Analysis of relevant social and health statistics was done. Graduate tracking was conducted through mailing and questionnaires. Results went into data base and are analysed.	Reports generated with demographic and public health indicators. Statistical analysis with major outputs and conclusions included in a final report.
1.5	Curriculum development	1.01.2008	30.09.2008	PC and EU	Postgraduate curricula collected for 24 subjects.	New curricula harmonised with

	general structure revised & undergraduate study program developed, in line with Bologna Process & specific PC needs & traditions				Comparison of the different curricula taught. Analysis of the missing contents. Different lectures on the modules taught in the Eur Master classified to be included in PC curricula for 11 subjects.	European system.
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Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of progress
1.1	General organisation; establish data bases; implement tutor's office to support mobility; start updating administrative services, equipment & library	1.01.2007	31.03.2007	PC and EU	Completed	
1.2	Develop IT & web-site	1.09.2007	31.10.2008	PC, Vienna, Rome	A Computer lab to be developed in the PC. Hiring of professional IT personnel for the site development. Linking the site with the University Tempus site and that of the EU.	Easy accessibility to all the contents of the developed curricula. Accessibility to the teaching materials. Publicity and Dissemination.
1.5	Curriculum development: general structure revised & undergraduate study program developed, in line with Bologna Process & specific PC needs & traditions	1.01.2008	30.09.2008	PC and EU	Future steps are needed to standardize the names with the contents, the focus being on the knowledge obtained, skills acquired and competencies developed, and not on the name of the subject. A combined PC-EU visit will be held for the merging of the gathered curricula and adding the specific materials needed for PC job market according to the Bologna Process with respect to the regulations of the Egyptian Ministry of Higher Education for implementation in the Egyptian Universities.	New curricula harmonised with European system.

Proposed changes from the previous approved report for the outcome in reference

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TABLE OF ACHIEVED/PLANNED OUTCOMES

Title and reference number of the outcome:	2. Upgrading of Faculty, teaching skills & technologies, promoting mobility & a research context allowing implementation of postgraduate program in health area.
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Indicators of achievement and or/performance as indicated in the project proposal	Assimilation of European Master experience & master degrees obtained; implementation of laboratory & research development; Study programs, materials & technologies Mobility.
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Activities carried out to date for the achievement of this outcome

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of achievement
2.1	Mobility from/to EUP & participation to European Master	1.10.2007	30.12.2009	PC and EU	<p>Participation to the opening of the European Master in Health and Physical Activity, including introductory presentations for the modules to be taught and the various activities. Attendance of a presentation of a similar Tempus project coordinated by the same GH and Eur consortium with Albania (presenting the progress done ad the difficulties encountered by a similar developing country). Coordinating meeting with the EUP, presenting a progress report with some statistical information about the local market needs. Discussion of the equipments required and new list agreed upon.</p> <p>Attendance of 2 Faculty staff (Helwan University, Gezira Faculty, and Cairo University) to the 1st Module of the Eur Master.</p> <p>Attendance of 5 PC Faculty staff to the 3rd Module of the Eur Master in Rome and to the International Seminar Series in Movement Biology and Biochemistry, 3-14 December 2007.</p> <p>Participation of 3 PC students to the 1st year of the Eur Master in Rome (24 September 2007 –20 January 2008).</p>	<p>Mobility of the selected staff and students. Knowledge of the European Master system. Capacity to develop curricula according to what is gained. Orientation with the European methodologies of teaching.</p> <p>ECTS credits in Health and Physical Activity recognised to the PC staff and students.</p>

					Attendance of 1 Faculty staff to the 4 th Module of the Eur Master, 5-13 January 2008. Participation of 3 PC students to the 2 nd year of the Eur Master through the Internships in the partner universities (Vienna, Odense, Cologne), April – June 2008	
2.2	Implement study programs, materials & technologies, develop individual syllabi & PowerPoint presentations	1.06.2008	31.12.2008	PC and EU	4 postgraduate subjects developed, teaching materials prepared (topics specific) and powerpoint presentations made. Purchase of an e-learning English Academic Writing focusing on Sport Science subjects, developed at the Rome University through its Language Center in cofinancing with Tempus funds. A basic exercise physiology lab has been reconstructed in the Gezira Faculty A larger and well constructed place for an advanced exercise physiology laboratory has been acquired in Helwan University.	Study programs, materials & technol. Assimilation of Eur Master experience & ECTS obtained; implementation of laboratory & research development. Availability of an e-learning English course on academic writing. New spaces for scientific laboratories acquired and reconstructed

Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	Activity Title	Start date	End date	Place	Description of the activity to be carried out	Specific and measurable indicators of progress
2.1	Mobility from/to EUP & participation to European Master	1.10.2007	30.12.2009	PC and EU	A 5-day visit of GC and 2 PC Fac members to Vienna. PC academic staff attendance to the 2008 program of the Eur Master. A second selection of PC students for participation to the 2009-2010 program of the European Master has been scheduled in March 2009.	Implementation of IT tech. laboratory & research development. ECTS credits in Health and Physical Activity recognised to the PC staff and students.
2.2	Implement study programs, materials & technologies, develop individual syllabi & PowerPoint presentations	1.06.2008	31.12.2008	PC and EU	All other subjects taught will be assigned to specific presentations and materials with power point presentations will be available. Purchase of the equipments listed in the project and	Study programs, materials & technol. Assimilation of Eur Master experience & ECTS obtained; implementation of laboratory

					necessary to complement the administrative, teaching and research facilities in Helwan University and to support administrative and teaching activities in Alexandria and Minia	& research development, purchase of teaching and research equipments
2.3	Intensive Course & implementation of teaching skills	1.10.2008	31.12.2009	PC	<p>Consortium staff members are planning to start intensive courses next academic year (2008-2009) including Exercise physiology, Tests and measurements, Genetics, Exercise Biology, Cardiopulmonary evaluations and Rehabilitation medicine.</p> <p>Intensive English Course for the selected 5 students and 5 academic staff members involved in the project activities (for language improvement for the analysis and construction of the new curricula) have been organized by a private company (New Horizon) in the period May-August 2007.</p> <p>Intensive program to be offered by the EU in Egypt.</p>	Teachers training sessions to continue, with the transfer of knowledge and skills from the European Master experience.

Proposed changes from the previous approved report for the outcome in reference

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TABLE OF ACHIEVED/PLANNED OUTCOMES

Title and reference number of the outcome:	3. Dissemination
Indicators of achievement and or/performance as indicated in the project proposal	Graduates and operators involved; Meetings with officials and stakeholders, visits to operators, leaflets and brochures distributed, media involvement

Activities carried out to date for the achievement of this outcome

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of achievement
1.4	Assess social & job-market needs	1.02.2007	30.09.2007	PC and EU	The overall analysis of the data collected from graduates and social survey has been completed	Social and job market survey
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	PC and EU	<p>Dissemination through the Workshop “Internationalisation of the University System in the Area of Sport Science” (Rome, 1 October 2007);</p> <ul style="list-style-type: none"> - Disseminating Workshop in Cairo, November 2007; - Official Presentation about the project in an international conference outside Cairo (Zagazig) - Dissemination through Faculty Meetings in Cairo and Alexandria and Seminars in Cairo (Prof. Paolo Parisi “Adapting sport science curricula in Egypt to local needs and the relations with Europe”, hosted by Department of Commerce, Cairo University, organised by Italian Embassy and Cairo University, Faculty of Commerce) and Alexandria (Prof. Paolo Parisi “Health and Physical Activity: a Europe-Egypt collaborative project, hosted in the Alexandria University Conference Hall), February 2008 - Meeting of the EU (GH, EC and partners) and PC (GC and partners) with: <ul style="list-style-type: none"> Gezira Faculty; Dean, Prof. Dr. Safya Ahmed Mohy Eldin Hamdy; Cairo Medical School, Dean, Helwan University, President, Prof. Dr. Abd Allah Barakat 	Promoting the project objectives with other universities, institutions and associations throughout the country and in the region.

					<p>, the Vice-President for post-graduate studies & research, Prof. Dr. Ahemed Salama, and other authorities;</p> <p>Alexandria University, President, Prof. Dr. Hassan Nadir Kheirallah, the Vice-President for post-graduate studies & research, Prof. Dr. Hind Mamdouh Hanafy, and other authorities;</p> <p>Ministry of Higher Education and State for Scientific Research, the Coordinator of European Cooperation, Dr. A. Hamid El-Zoheiry;</p> <p>European Union, Delegation of the European Union in Egypt, the Science Counsellor, Dr. Elena Sachez Cuadrado, Delegation of the European Commission to the State of Israel, the Minister Counsellor, Head of Scientific Session, Dr. Robert Kregel;</p> <p>European Union, Tempus Office in Egypt, Mr Yasser Elshayeb;</p> <p>Italian Embassy, Scientific Attaché, Prof. Dr. Franco Porcelli.</p> <p>- Dissemination of EUP seminars in PC newspaper (The Egyptian Gazette) and European delegates interview trough media (Cairo and Alexandria visit, February 2008)</p>	
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Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	Activity Title	Start date	End date	Place	Description of the activity to be carried out	Specific and measurable indicators of progress
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	PC and EU	<p>Official presentation in Alexandria in the international conference about the activities of the Tempus project and the achievements done.</p> <p>Final Conference</p>	<p>Brochures distributed; centers visited; presentations made; new projects developed.</p> <p>Project booklet</p>

Proposed changes from the previous approved report for the outcome in reference

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TABLE OF ACHIEVED/PLANNED OUTCOMES

Title and reference number of the outcome:	4. Sustainability
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<u>Indicators of achievement and or/performance as indicated in the project proposal</u>	Faculty of physical education reform and new curriculum approved by Egyptian Rectors achievement Commission
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Activities carried out to date for the achievement of this outcome

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of achievement
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	PC and EU	<p>Six internal meetings have took place with the department of Health Science in Giziera faculty, some of which the rector and the dean had participated.</p> <p>Some of the subjects that were obtained from the European modules have been already introduced inside the curricula taught by the department and the change had been proposed in an official departmental meeting and agreed upon to be taught in the next academic year..</p> <p>Meeting of the EU (GH, EC and partners) and PC (GC and partners) with:</p> <p>Gezira Faculty; Dean, Cairo Medical School, Dean, Helwan University, President and, the Vice-President for post-graduate studies & research, Alexandria University, President and the Vice-President for post-graduate studies & research, the Coordinator of European Cooperation, Ministry of Higher Education and State for Scientific Research Delegation of the European Union in Egypt, the Science Counsellor</p>	Development and implementation of a new undergraduate curriculum in line with market needs and the Bologna process.

					European Union, Tempus Office in Egypt; Italian Embassy, Scientific Attaché,	
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Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	Activity Title	Start date	End date	Place	Description of the activity to be carried out	Specific and measurable indicators of progress
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	PC and EU	Approval of the proposed changes had been introduced to the higher education committee of the university. Approval of the further changed curricula. Teaching of the developed curricula	Faculty of physical education reform and new curriculum approved by Egyptian Rectors Commission

Proposed changes from the previous approved report for the outcome in reference

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TABLE OF ACHIEVED/PLANNED OUTCOMES

Title and reference number of the outcome:	5. Quality Control and monitoring
Indicators of achievement and or/performance as indicated in the project proposal	- Coordinating Meetings; - Visits to PC institutions and inspection of facilities and services; - Reports; - New structures/services introduced at the PC institutions: TT, website, international office, language teaching, library, labs, etc; Socio-economic survey completion, questionnaires collected.

Activities carried out to date for the achievement of this outcome

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of achievement
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	PC and EU	<p>The project has been closely monitored regular contacts between EU-PM, GC, GH, EC and EUP and PC trough</p> <ul style="list-style-type: none"> - Reports prepared by GC and sent to EU-PM and the GA; - Coordinating Meetings; - Six-monthly Reports prepared by the EU-PM and the GC; - EUP Reviews; <p>In the period included in this report, 6 meetings have been performed:</p> <ul style="list-style-type: none"> 1 Coordinating meeting in Rome, October 1-6, 2007 1 Inter-Tempus coaching meeting in Vienna, 24-25 November 2007 1 Coordinating meeting in Cairo, November 2007 1 Coordinating meeting in Rome, December 2-6, 2007 2 Coordinating meetings in Cairo and Alexandria, February 15-24, 2008 <p>In addition to the reports sent trough e-mail by the GC and EU-PM to the GH and EC, continuous monitoring of project activities have been supported by the other EU Partners' review and consulting.</p> <p>GC, EU-PM, GH, with the support of EC, prepared this report on the action's implementation.</p>	<p>Progress reports</p> <p>One visit to the Egyptian faculties by GA+EUP staff;</p> <p>Two Coordinating Meetings: in Cairo, two in Rome, one in Alexandria;</p>

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Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	Activity Title	Start date	End date	Place	Description of the activity to be carried out	Specific and measurable indicators of progress
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	PC and EU	Reviews of the faculty achievements and of the undergraduate curriculum, and eventually of the Master curriculum will be produced by EUP, as well as a Final Report with recommendations for future steps.	Reviews of undergraduate and Master curricula. Final report.

Proposed changes from the previous approved report for the outcome in reference

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TABLE OF ACHIEVED/PLANNED OUTCOMES

Title and reference number of the outcome:	5. Management of the project
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Indicators of achievement and or/performance as indicated in the project proposal	Role and responsibility of the consortium members
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Activities carried out to date for the achievement of this outcome

Activity N°	Activity Title	Start date	End date	Place	Description of the activity carried out	Specific and measurable indicators of achievement
2.5	Ensure Curriculum dissemination, sustainability, and quality control	1.10.2008	31.12.2009	EU and Cairo	<p>CAIRO EL GEZIRA FAC (PC): local organisation & implementation of planned transformation and reform, social and job market survey analysis, new program development, dissemination, sustainability, with guidelines by GH-PM. Periodic reports to GH-PM and basic contribution for Tempus Report.</p> <p>ALEXANDRIA AND MINIA UNIVERSITY - social and job market survey analysis, dissemination, sustainability, with guidelines by GC, GH-PM. Periodic reports to GC, GH-PM</p> <p>- ROME IUSM (GA): general administration and finance, coordination and monitoring in cooperation with PM and PC. Preparation of Coordinating Meetings in cooperation with PM+GC. Revision of Reports.</p> <p>- UNIVERSITY OF VIENNA (PM): management, coordination & monitoring, in regular contact with GH and other EUP.Cooperates to Coordinating Meetings and Reports. Inter-Tempus coaching meeting.</p> <p>- University of Odense + University of Athens: general support + participation to coordinative. Participation to the inter-Tempus coaching meeting (1 EU from Athens).</p> <p>Role and responsibility of the consortium members</p>	<p>- Cairo El Gezira Fac (PC) reorganised: website organisation started; new space to develop labs reconstructed, Job-market survey completed, new programs developed, staff and students training in EU</p> <p>- Alexandria and Minia University: Job-market survey completed, new programs development started, staff and students training in EU</p> <p>- Training sessions in Cairo, Alexandria and Minia involving Faculty members and other</p>

Activities to be carried out for the achievement of this outcome (entire project period: 2 or 3 years)

Activity N°	Activity Title	Start date	End date	Place	Description of the activity to be carried out	Specific and measurable indicators of progress
2.5	Ensure Curriculum	1.10.2008	31.12.2009	EU and	- CAIRO GEZIRA FAC (PC): further purchase of	Further implementation of IT

	dissemination, sustainability, and quality control			Cairo	<p>administrative, teaching and scientific equipments, curriculum approval and implementation, dissemination, sustainability. Design of health-related Master program and development of research context. Relations with Governmental & other public and private bodies (National Olympic Committee, etc.). Periodic reports to GA-PM and basic contribution for Tempus Reports.</p> <p>ALEXANDRIA AND MINIA UNIVERSITY - curriculum approval and implementation, dissemination, sustainability. Design of health-related Master program and development of research context. Relations with Governmental & other public and private bodies</p> <ul style="list-style-type: none"> - ROME IUSM (GA): general administration and finance, coordination and monitoring in cooperation with GC and PM. Coordination of European Master and other teaching/training activities. Revision of undergraduate curriculum and Master with other EUP. Preparation of Intensive Program in the PC for students & Fac of the various institutions and other parties and stakeholders. Coordinating Meetings in cooperation with PM. Revision of Reports. - UNIVERSITY OF VIENNA (GC): management, coordination & monitoring, in regular contact with PC, GA and other EUP. Revision of undergraduate curriculum and Master with GA. Cooperation to European Master, Intensive Program and Coordinating Meetings and Reports. - UNIVERSITY OF ODENSE + UNIVERSITY OF ATHENS:- support GA + GC, will participate to meetings and teaching sessions, to the revision of curricula and in the European Master and the Intensive Program in Cairo. 	<p>and website; Language classes; implementation of Library with book acquisitions and repositories.</p> <ul style="list-style-type: none"> - Mobility: Faculty members and students will participate to the European Master and receive part or all of the 120 ECTS and the diploma; more staff members involved in mobility and training sessions. - Intensive Program by EUP in PC involving students, Fac + other interested parties from Medical School, Sport Medicine Association, etc. - Undergraduate curriculum implemented and sustainable; Master program designed.
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Proposed changes from the previous approved report for the outcome in reference

Summary Report for Publication

Project title

Adapting Egypt Sport Science Curricula to Job Market & Europe – EGYSPORT

Project duration (with starting and ending dates)

3 years 1/9/2006 –28/2/2010

Project partners (with contacts details of contact persons in the Partner country/ies and the EU)

Rome University Institute of Movement Sciences (IUSM) (Paolo Parisi, Piazza Lauro de Bosis 15, 00164 Rome, Italy, paolo.palisi@iusm.it)

University of Vienna (Norbert Bachl, Auf der Schmelz 6, 1150 Vienna, Austria, norbert.bachl@univie.ac.at)

Academy of Physical Education and Sports "Vojo Kushi" (Veisel Rizvanolli, Rr "Muhamed Gjolllesha", Tirana, Albania, contact@aeefs.edu.al)

University of Southern Denmark (Karsten Froberg, Campusvej 55, 5230 Odense, Denmark, kfroberg@health.sdu.d)

National & Kapodistrian University of Athens (Nickos Geladas, 41 Ethnikis Antistassis, 172 37, Daphne, Athens, Greece, ngeladas@cc.uoa.gr)

Helwan University (Prof. Ferial Darwish, Ain Helwan, Cairo, Egypt. Post Code 11795 -- Univ campus 14 Aly El-Gindy St., Nasr City (private), Cairo, Egypt, ferial.darwish@gmail.com)

Cairo University (Prof. Mohamed El Batanony, batan3ahmed@yahoo.com, and Prof. Heba Abdel Razik, hebanabil@gmail.com)

University of Alexandria (Prof. Mervat Ibrahim Rakha, mervatrakha@yahoo.com and Prof. Mohamed Khaled Hammouda, khammouda77@yahoo.com)

University of Minia (Prof. Mahmoud Ismail Tolba Ibrahim and Prof. Farouk El-Said Abd El-Wahab, sportmed-co@excite.com)

Project budget (with an indication of budget co-funded)

Estimated budget of the action	
I	STAFF COSTS (INCL. REPLACEMENT COSTS) 132,300.00
II	TRAVEL COSTS AND COSTS OF STAY (INCL. STUDENTS) 125,500.00
III	EQUIPMENT 132,950.00
IV	PRINTING AND PUBLISHING 30,000.00
V	OTHER COSTS 40,000.00
VI	INDIRECT COSTS 32,231.00
VII	PROJECT EXPENDITURE OF THE BENEFICIARIES 75,000.00
	TOTAL ELIGIBLE COSTS €567,681.00
INCOME (€)	
I	OWN RESOURCES 75,000.00
II	MAXIMUM TOTAL TEMPUS GRANT 492,681.00
	TOTAL INCOME €567,681.00

Objectives

Wider Objective - To adapt sport science curr to scientific & methodological progress, to social needs & to Europe.

Specific Project Objective: To reform the general structure, and specifically the undergraduate program, of the PC sport science Curr, in line with job-market needs & the Bologna Pr, promoting wider occupability of grad, harmonisation with the Eur system & mobility, the upgrading of teaching skills, materials & technologies, & a research context for the implementation of postgrad programs.

Outcomes

1. Modern Curr structure & undergraduate program in line with job-market needs & Bologna Pr, allowing better occupability & closer contacts with Eur system & culture.

2. Upgrading of Fac, teaching skills & technologies, promoting mobility & a research context allowing implementation of postgraduate program in health area.

Activities

- 1.1. General organisation; establish data bases; implement tutor's office to support mobility; start updating admin services, equipments & library.
- 1.2. Develop IT & web-site.
- 1.3. Acquire study programs from PC Univ & from EUP & AEHESIS, for comparative analysis & synthesis.
- 1.4. Assess social & job-market needs.
- 1.5. Curr development: general structure revised & undergrad study program developed, in line with Bologna Pr & specific PC needs & traditions.
 - 2.1. Mobility from/to EUP & participation to Eur Master.
 - 2.2. Implement study programs, materials & technologies, develop individual syllabi & PowerPoint presentations.
 - 2.3. Intensive Course & implementation of teaching skills.
 - 2.4. Implement research context for postgrad programs; Eur Master dissertations.
 - 2.5. Ensure Curr dissemination, sustainability, and quality control.

Main staff members involved

EUP

-Prof. Paolo Parisi (GH)/Prof. Daniela Caporossi -- general admin., coord. & monitoring; guidelines for specific activities (language teaching, curr. revision, socioeconomic survey, etc.); coord. of Eur. Master.

-Prof. Norbert Bachl / Prof. Harald Tschan (EU-PM) - cooperation with GH and GC in planning of activities & meetings and specifically support analysis of socioeconomic data, help revision of curr., implem. IT and web-site, Library, etc.

-Prof. Karsten Froberg, Prof. Vassilis Klissouras, Prof. Nickos Geladas -- help with advice & support, participate to coord. Meetings and training sessions. All EUP take part to the teaching in the Eur. Master, may offer internships, and will contribute to the Intensive Program.

PC - CORE TEAM

-Prof. Ferial Darwish (GC), project coord.in PC, with special respect to the Faculty's upgrading and implementation of new structures & services (Library, Language ctr, Intl Office, etc.) and of new curr; Job-market survey and data gathering; Meetings with Fac., admin. staff & students; Relations with governmental and private bodies; Project dissemination and sustainability.

-In her capacity as local GC, Prof. Darwish is particularly supported in all activities by Prof. Heba Abdel Razik, representative from Cairo Univ Medical School in the project,

-The local Core Team also involves administrative assistants from the Gezira Faculty, as well as the representatives of the Physical Ed Faculties of Alexandria, Prof. Mervat Rahka, and Minia, Prof. Farouk El-Wahab, which have also recently endorsed the project.

Progress to date

Although the endorsement of new PC partners implied some reorganization in the project management and coordination, no major changes have occurred in content and work plan. The project core staff already completed many of the actions mentioned in the Project Workplan, and with respect to the indicators provided for the Outcomes/Outputs.

The overall analysis of the data collected from graduates and the social survey, and the EUP curriculum analysis, have been completed at Helwan University and mostly completed at the Universities of Alexandria and Minia. As a result, the basic revision of PC study programs, to reflect scientific progress, harmonisation with the European system, and the local culture, traditions and assessed needs, is now in progress.

The implementation and updating of study programs has started. In Helwan, 4 new courses have been developed, 3 of which already included as regular courses for postgraduate programs, and 1 for the undergraduate program.

The improvement of teaching abilities and outcomes, through teachers training and the introduction of modern contents and methodologies, is in progress. Six Faculty staff members from the Universities of Helwan, Cairo, Alexandria and Minia participated to 1st and/or 3rd or 4th Module of the European Master in Health and Physical Activity in Rome and to the International Seminar Series in Movement Biology and Biochemistry organized by IUSM. Three PC students were selected and enrolled in this 2-year European Master (120 ECTS), and are currently attending the 2nd year.

The updating of administrative services at Helwan University, with special reference to the implementation of a tutor's office to support mobility, is completed. The updating of research (labs) and teaching (library) facilities in Helwan is in progress, with the acquisition and full reconstruction of 2 rooms for basic and applied exercise physiology labs. Scientific equipments and books have been selected and the purchase activity is in progress.

Dissemination of the project objectives and results has been carried out as scheduled, involving the graduates and operators in the sport sector, promoting the project in the academic contexts and with health operators, and disseminating the information throughout. Leaflets describing the project in English and/or Arabic have been prepared and distributed during Workshops. Meetings with national and university officials, dissemination via interviews of Tempus partners in PC newspaper and media, promote the interest of public and private PC institutions and will help its sustainability in the future.

A Tempus project web site has been created and is regularly updated.

Problems in project implementation

- Bureaucratic procedures and high costs related to the mobility of PC staff and students to European countries.
- Cooperation among local partners not always smooth.
- Wider participation, sharing of the project's objectives and activities, and wider backing and dissemination needed.
- Curriculum change and its cultural, technical and administrative implications appear to require more emphasis and a wider participation and backing.
- Some recent difficulties in communication and relations between local GC and the GH/EC and other European partners. Some need of clarifications on procedures.

Next steps

To complete and introduce the new undergraduate curriculum, replacing the previous one. To finalise the postgraduate program in health & PA; to complete and to test in discussion groups the individual study programs, syllabi, teaching materials and Power Point presentations. A 5-day visit of GC and 2 PC Fac members to Vienna allows a) to visit advanced sport science facilities and discuss and participate to teaching and research applications; b) to finalise the undergraduate curriculum, with study programs, syllabi, and teaching materials and presentations; and c) to further develop the postgraduate curriculum and the related research programs.

To take academic and administrative measures to ensure new curriculum sustainability, so that it can in the future be offered on a regular basis. A process of dissemination in the country is initiated, and a series of visits with presentations to schools, universities, and other public and private institutions or organisations, is undertaken to this effect.

To complete the updating of administrative services, equipment & library by purchasing the equipments and books.

To continue PC staff and students training or retraining. PC academic staff attendance to the 2008 program of the Eup Mater in H&PA. A second PC student selection for the participation to the 2009-2010 program of the European Master in Health and Physical Activity has been scheduled for march 2009.

Intensive Course in Helwan, abstracting key contents from European Master program.

Other remarks

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ACKNOWLEDGEMENT OF RECEIPT

Your name: PROF. PAOLO PARISI		
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This page of the form will be returned to you on receipt of your second implementation report. Therefore please enter your name and address in the box above. Please remember to send in this page with each of your reports.

For internal use only	<table border="1"><tr><td>Joint European Project N°</td></tr></table>	Joint European Project N°
Joint European Project N°		
under the Tempus programme.		
Yours sincerely,		
Done at	Date	

CHECKLIST

WHAT INFORMATION TO BE SENT?

- Declaration: duly signed by the grantholder and the legal representative - Annex III/2
- Report on the action's implementation - Annex III/3-5
- Statistics and Indicators – Annex III/6-9
- Table on achieved/planned outcomes - Annex III/11-XX
- Summary report for publication - Annex III/12-13
- Acknowledgement of receipt – Annex III/14